

## Build a great family team and have fun on the way!



## **Tweens and Teens**

12 years + We will show you that, although these years may be challenging, they can be some of the best years of your life – and theirs!

- Small group course with a trained facilitator
- Six sessions per course
- Tailored to your needs

## **Tweens and Teens covers:**

- Atmosphere
- Boundaries
- Communication
- Discipline
- Self-esteem
- Future focus

Toolbox courses are free to foster carers, whanau caregivers, adopters, grandparents raising grandchildren, and Home for Life parents thanks to government funding. We are also able to offer free training for participants wishing to become Toolbox facilitators.

## **Teens and Tweens Parenting Course**

Monday 30<sup>th</sup> May, 7.30 pm

Contact Kim: 0276772472, kim@nht.org.nz

Cost \$35 per person