

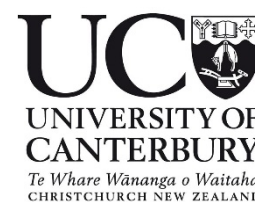
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Participant Information sheet



**Title: The impact on mental health from ongoing insurance claims on homes, following the 2011 Canterbury earthquake**

Principle researcher: Jenny Brown (PhD student university of Canterbury) Department of Psychology, University of Canterbury, Private Bag 4800, [jenny.brown@pg.canterbury.ac.nz](mailto:jenny.brown@pg.canterbury.ac.nz)

We are researchers at the University of Canterbury studying psychological well-being after the February 2011 earthquakes. Please read the information below which outlines what is involved in this survey. If you would like to take part, which will take approximately 20-25 minutes, please indicate you agree to participate on the consent form found on the next page.

**What is the purpose of the Study?**

We are trying to understand the impact of ongoing insurance claims on mental health following February 22nd 2011 earthquake, especially after a period of time has passed. Data from this study will help understand people's response to the earthquake and to long unresolved claims on their homes.

**Do I have to take part?**

No, you do not have to take part in this study. It is up to you to decide whether or not to take part. If you decide to continue, you will be asked some questions about how you have felt since the 2011 earthquake and how you have adjusted in terms of your psychological well-being. You do not have to complete the survey. You are free to withdraw at any point during the survey. You are also free to decline to answer any question without giving reasons. Participation is voluntary and you have the right to withdraw at any stage without penalty. Withdrawal can be effected by closing the browser containing the survey. If you choose to do this your responses will be deleted.

**What will happen to me if I take part?**

Should you decide to take part you will be asked a brief set of questions about how things have been going for you since the 2011 earthquakes. Once completed you can choose to enter your email, and go into the draw for one of eight \$50 Westfield vouchers.

**What do I have to do?**

You just simply have to respond to the questions. If there is any question you'd rather not answer, that's fine, you can skip those ones.

**What are the possible disadvantages of taking part?**

When you respond to the questions about how the earthquakes and insurance claims have affected you, this may bring back events you have found distressing. A list of support and counselling services is attached in case you feel you may need them.

**Will my taking part in the study be kept completely anonymous?**

Yes. You will not be required to put your name or any identifying details on any materials. Your answers will be completely anonymous. The results may be used in a scientific paper, presented at a conference, and added to the CEISMIC Canterbury Earthquake Digital Archive, but anonymity of participants will be preserved. The data will be securely stored at the University of Canterbury. Only the researchers named below will have access to the data. The data will be kept for 10 years at the end of this period will be destroyed by erasing any data stored in computers.

**Names of researchers**

Jenny Brown (PhD student university of Canterbury) Department of Psychology, University of Canterbury, Private Bag 4800, jenny.brown@pg.canterbury.ac.nz

Eileen Britt, PhD (Associate Professor; University of Canterbury on (03) 369 3694 or eileen.britt@canterbury.ac.nz

Martin Dorahy (Prof, University of Canterbury) Department of Psychology, University of Canterbury, Private Bag 4800, Christchurch. Phone: (03) 369 4337 ; martin.dorahy@canterbury.ac.nz.

This project has been reviewed and approved by the University of Canterbury Human Ethics Committee, and participants should address any complaints to The Chair, Human Ethics Committee, University of Canterbury, Private Bag 4800, Christchurch (human-ethics@canterbury.ac.nz).

**Support services**

Samaritans: 0800 726 666

Lifeline: 0800 543 354; (03) 366 6743

**Counselling services**

Below is a list of counseling services. The Christchurch City Council has also suggested that people make contact with their GPs, who can refer them to counselling services.

Petersgate Counselling Service, Yaldhurst Rd, Upper Riccarton: (03) 343 3391.

Rata Counselling Service, 198 Montreal Street, Christchurch: (03) 343 3840

**Emergency services**

Crisis Resolution (previously Psychiatric Emergency Services): (03) 364 0482; 0800 920 092