

Kids Yoga

Move - Relax - Connect

We welcome you to kids yoga classes at Sun Salute Yoga Centre. Come and try your first class for free!



4 to 6 years > Tuesday 3:30 - 4:00

7 to 9 years > Wednesday 3:30 - 4:00

10 to 12 years > Wednesday 4:10 - 5:00

With Marisol Gutierrez

Marisol is Chilean and now lives here with her family. She is a mother of 4 grown kids and comes with experience in children's education, yoga, art therapy and dance. She has put together a syllabus of modules for children based around games, movement, breath, self-knowledge and confidence.

*Term fees \$60

(If more than one child in family: first child: \$60, second child: \$50, third child: \$40 per term).

One-off class: \$10

* Current 2nd term fees special offer \$42

Book in via the website or just turn up on the day.

Please feel free to email the studio on hello@sunsalute.co.nz with any queries or email the teacher directly marigutir@gmail.com

www.sunsalute.co.nz - Lovegrove Lane / 394 Grey Street Hamilton East

