

An Introductory Mindfulness Workshop designed just for teenagers 13yrs-17ys

TUESDAY APRIL 16TH @ 5 GEORGE
STREET, TIMARU
GIRLS 12PM-2PM
BOYS 3PM-5PM



Tickets \$25-Bookings essential Contact Tenika 0225169180 tenika@uncoverinspiration.com www.uncoverinspiration.com