



**LAST CHANCE
PROJECT**
CHARITABLE TRUST

School Talks

Voices of Hope, in collaboration with The Last Chance Project, is hitting the road in 2024!

Who is Voices of Hope

At Voices of Hope we believe in the power of sharing your lived experience to create positive change. Our storytelling platform exists to bring better understanding of mental health challenges, promote help-seeking behaviours and useful resources, and ultimately spread hope.

Voices of Hope (VoH), a mental health charity, was founded in 2017 by Genevieve Mora and Jazz Thornton, individuals who have personally battled mental illness. Using their past experiences and their passion for content creation, they built a new narrative around mental health. Over the years the VoH has grown into a community of people around Aotearoa and the world, who contribute to the ever evolving mental health conversation. Both founders actively engage in public speaking engagements at schools, corporations, and conferences, where they openly share their own lived experiences. Our aim is to inspire and educate others, fostering empathy and understanding around mental health.

Who is The Last Chance Project

The Last Chance Project create a safe environment for men, to develop and create new chapters of their lives through healing and nurturing. They provide a positive and sustainable transition to new beginnings and a better future.

Voices of Hope School Talks

Our primary focus areas include anti bullying, general mental health, and encouraging help-seeking behaviours.

Jazz shares her personal story with mental health, ensuring to maintain a respectful and safe level of detail. Tai will highlight the importance of having conversations in person, challenging your inner critic, and the importance of communication. Genevieve will provide insights into the mission of Voices of Hope and our ongoing efforts. Genevieve touches on her own personal experience with mental health and emphasises the power of lived experience storytelling.

Voices of Hope Talks average 40 minutes, depending on the selected topics. It is important to note that both the Voices of Hope and Last Chance Project teams both have extensive experience in delivering talks. They exercise discretion in discussing sensitive topics. Notably, local suicide prevention coordinators have previously attended our talks, offering an additional layer of support and reassurance.