

The Peril

Published by Amuri Area School – (03) 315 8233
Email: theperil@amuri.school.nz

Thursday 11th April 2024
Issue: 2024:12

Advertisements for insertion can be e-mailed to the above address (with a billing address provided) or left at the Amuri Community Library. Closing day and time for both is 4pm on Monday. When there is a Public Holiday on a Monday the deadline will be extended to 9am the next day (Tuesday). Regular advertising by arrangement.

Emailed classified ads (not businesses/community groups/clubs) will need to be paid **IN ADVANCE** directly into our bank account by close of bank business on a **MONDAY** for the ad to appear that Thursday (20c per word - minimum \$2). If there is no payment received the ad **WILL NOT** appear that week, ie **NO PAYMENT, NO AD**.

Payment in advance does not apply to regular advertisers eg businesses/community groups/clubs who are invoiced.

Advertising Costs: Classified Ads: 20c per word (minimum of \$2)

Businesses: Full Page \$50, ½ Page \$35, ¼ Page \$25, ⅓ Page \$20, 1/16 Page \$15. If you require an ad to be designed this will incur a \$10 fee (businesses only). All GST inclusive.

Payment made at the Library is cash only – no EFTPOS.

ASB Bank 12-3616-0057391-01

Please quote your name as a reference.

This account is for PERIL PAYMENTS ONLY

PERIL INFORMATION

Printing of The Peril has now ceased, it is available online
<https://hail.to/amuri-area-school/publication/LRVJ7IW>

If you would like to receive The Peril in your inbox please send an email to theperil@amuri.school.nz with **WEEKLY** in the subject line.

A few printed copies are still available from the library and the Four Square every week.

Please Note:

Printed copies will **NOT** be available during school holidays.

Amuri Area School Website
www.amuri.school.nz



<https://hurunui-index.nz>

Find how to contact clubs, charities and other local community organisations. If you want your organisation added please email us at admin@hurunui-index.nz

Sponsored by the ADRA

CHRIS DIXON – Physiotherapist

Now operating solely from Hanmer Springs Premises on
Tuesdays, Thursdays and Fridays.

For an appointment contact her on **027 420 9766**

COMMUNITY NOTICES

CITIZENS ADVICE BUREAU NORTH CANTERBURY

209 High Street, Rangiora.

We're here to help you with any issue. Please call in to talk to one of our trained volunteers or phone us on 03 313 8822 or 0800 367 222, email northcanterbury@cab.org.nz.

NEED A RIDE !!!!

Our Community vehicle provides reliable and affordable
transport to the Amuri District.

We have a team of volunteer drivers available to assist with your
Transport needs to essential services and appointments

For bookings / enquires phone 027 299 3263

Email: amurivehicletrust@gmail.com

Follow us on Facebook



MASSAGE and REIKI

www.heartspacehealing.co.nz

Medbury Road, Hawarden

Phone/Text Juliette 022 362 4013

COMMUNITY NOTICES

FOOD BANK - Living Waters Hurunui Outreach if you need food supplies please give us a call:

Cell phone: 027 448 6594 - Aveai

027 448 6583 - Isaiah

Landline: 03 314 2044

Email: livingwatershurunuioutreach@gmail.com

You can also send us a private message through messenger.

Family Violence – It's Not OK – get help on 0800 456 450

Women's Refuge 0800 REFUGE (733 843)

For emergencies ring 111, North Canterbury Police 105

Lifeline 0800 543 354, **Youthline** 0800 376 633 or text HELP (4357) for free, 24/7, confidential support .

ANZAC Service 25th April 2024

Culverden is in the final stages of fundraising for our new Memorial, but unfortunately won't have it finished for this years' service so we have asked Waiau if we could change the order of rotation.

Waiau Hall

Please be seated by 9:50am for a 10:00am service
Then a short walk to the Memorial and back to the Hall for morning tea

Wanted by Collector

Do you have any old Duck Decoys, bodies with heads, without heads or just even heads in the shed or some where at home and you no longer have a use for them

then I would love you to give me a ring.



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CHURCH NOTICES

CATHOLIC PARISH of the GOOD SHEPHERD

5pm Mass every Saturday at Hanmer.

7pm Mass every Saturday at Culverden with Father Rex Ramos.

Parish phone 03 319 8730

All Welcome

GOD'S MINISTRY CHRISTIAN CHURCH CULVERDEN

Saturday 7pm @ Amuri Community Room
April Theme: The King and His Kingdom

Please contact Manel – 021 0817 3649
All welcome

Amuri Co-Operating Parish

All Sunday services will be held at St Mary's Church, Wilkins Street, Rotherham, beginning at 10:00am.

The first service in any month includes Holy Communion. Holy followed by Morning Tea

All are welcome.

Any queries, contact Revd Dawn Baldwin **027 356 7471**

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**Amuri Community
Health Centre**

03 315 6328

Flu Vaccines & Covid Vaccine Booster

Flu season is upon us, protect yourselves this winter!

In addition, the latest **Covid Vaccine** is available and can be given at the same time as the Flu vaccine.
Please ring reception on 03 315 6328 to arrange an appointment.

Vaccines are fully funded:

- You are 65 years and over.
- You are pregnant.
- Adults and children who have a high-risk medical condition.

Non-funded vaccines cost **\$30** for registered adults and children.

Non-funded vaccines cost **\$40** for non-registered patients.

Clinical Team

Dr Margriet Dijkstra

Monday, Tuesday, Wednesday, Thursday

Dr R McCubbin (Locum GP)

May 8,10,15,17

Dr Deirdre Clink (Locum GP)

April 10-12, 17-19, 24,26

Charlie Ballam (Paramedic Practitioner)

Thursday each week

Dr Sarah Ballam

TBC

Closed:

ANZAC Day Thurs 25th April 24

Practice Nurses

Monday to Friday

District Nurses

Monday, Wednesday, Friday

Physio – Flora

TBC

Pace Podiatry -Andrew

Hawkey

Clinics are held every 6 weeks on a Friday.

Next Clinic **Friday 24th May 2024**

Book with reception

Vasectomy Clinic

Our neighbours in Kaikoura Healthcare are holding a vasectomy clinic with Dr Martin London on
Thursday 11th & Friday 12th April

There are still available appointment times, so if this is for you, please contact them on **03 319-3501** or by email at
michelleo@kaikourahc.co.nz

AFTER HOURS: Phone the Practice on 03 315 6328

Your call will be transferred to the AFTER-HOURS SERVICE where you will be able to talk to a Registered Nurse who will assess your needs, offer advice, or arrange immediate assistance from the on-call doctor or rural nurse.

In an emergency, please phone 111

**Appointments 9.00am to 12.00pm
and 2.00pm to 4.30pm.**

**Phone 03 315 6328 during open
hours to make an appointment or
for any health enquiry.**



**Amuri Community
Health Centre**



Location

40 Wilkin Street, Rotherham
North Canterbury, 7379



**24/7 After Hours
Information**

or dial 111



**Amuri Community
Trust**

Supporting your local Amuri
Community

FREE WATER TESTING | NITRATE CONTAMINATION

CULVERDEN

**SATURDAY 20 APRIL
10AM - 4PM**

Amuri Area School Hall
School Road

Bring a sample of your bore drinking water and have it tested, while you wait. Run kitchen tap for 2 minutes and fill a clean container (at least 200mL)

FIND OUT MORE AT [GREENPEACE.NZ/NITRATE-INFO](https://www.greenpeace.nz/nitrate-info)

GREENPEACE

FRIDAY 26 April

HANMER SPRINGS
COMMUNITY
MOVIES

@ The Five Stags



FREE ENTRY

FREE ENTRY

Screening starts at 4pm
- Bookings essential -
Ph Saurabh 021 137 8628
Special Movie Menu available

PG
Parental guidance recommended



Upcoming movie info and screening dates on the Hanmer Springs App



Tuning in to Kids + Tuning Into Teens

Emotionally Intelligent Parenting - Term 2 2024 dates

A six-session programme for parents/caregivers of children aged 5-12 years
Tuning Into TEENS is an option for parents/caregivers of tamariki in school years 6-8 (10-13yrs)

TIK and TINT are evidence-based programmes designed to teach parents & caregivers:

- Awareness and regulation of their own and their children's emotions
- To use children's emotional experiences as an opportunity for closeness and teaching
- Skills in assisting children to verbally label and manage their emotions
- Skills in assisting children to problem solve, and guide children's behaviour with appropriate limits

Sessions include:

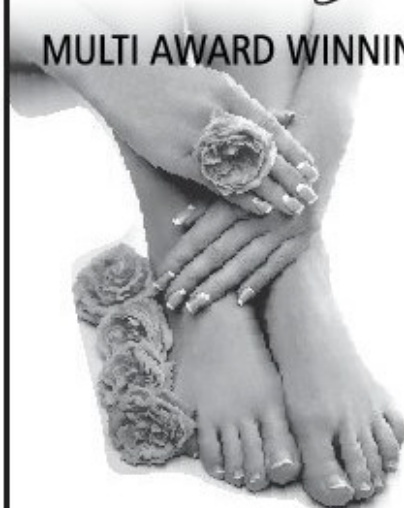
- Watching video material
- Group discussions and exercises
- Role plays
- Home activities to practice different ways of responding to your child's emotions
- Participants sharing their own experiences within the group

See below for courses running in Term 2 2024. It is free to attend, you must attend all 6 sessions. To sign up for a group please sign up at manaake.health.nz/tuning-in-to-kids or email the course facilitator. Please note: Tuning Into TEENS option is specifically tailored towards parents of children aged 10+

Start date	Day/Time	Location	Facilitator contact
Tues 14 th May TUNING INTO TEENS	Tuesdays 7-9pm	ONLINE	Becky Voisey beckyw@mmsi.org.nz
Wed 1 st May	Wednesdays 9:30am - 11:30am	Waipuna, St John of God 349 Woodham Road	Liz Riley liz.riley@sjog.org.nz
TBC	Tuesdays 7pm - 9pm	Rolleston Venue TBC	Daniela Jolly danielaj@psusi.org.nz
Wed 15 th May	Wednesdays 10am - 12pm	Youth Alive Trust - 61 Beresford St	Carol Daw carold@psusi.org.nz

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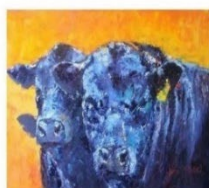
any artwork - including restoration

Contact details:

Jane (Art) - 027 669 5051

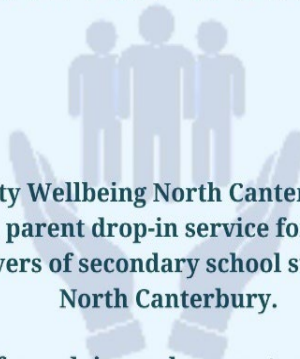
Tom (Framing) - 027 522 4536

Email: macfamily@amuri.net



www.janemcintosh.art

PARENT DROP-IN SERVICE



Community Wellbeing North Canterbury Trust is offering a parent drop-in service for parents and caregivers of secondary school students in North Canterbury.

You can get free advice and support around wellbeing and mental health for your rangatahi/young person.

This may include:

- Sleep, eating, self harm
- Anxiety and low mood
- Gaming, alcohol and drug use
- Grief, loss or change
- Navigating mental health services or how to access support

If you'd like to make an appointment or have a confidential chat please call Community Wellbeing on 03 310 6375.

Parent drop-in appointments can take place at the Community Wellbeing North Canterbury Trust office in Rangiora, or via video call, if that suits you better.

community wellbeing
North Canterbury Trust

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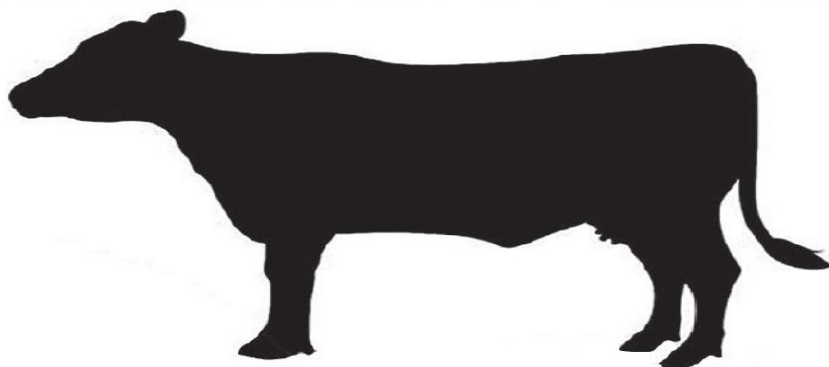
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