



TEENAGERS: VAPING, ALCOHOL & OTHER DRUGS

The Centre of Wellbeing warmly invites parents and whānau to our 2023
Community Education evening.

**During the evening, our Centre of Wellbeing team
will provide you with:**

- Up-to-date research about the health and well-being impact of vaping, alcohol, and other drugs on teenagers.
- Effective harm reduction strategies.
- Tips on how to have a conversation with your teenager about vaping, drugs and alcohol.
- What your teenager needs to know to keep themselves safe.

Presented by: Jade McDowall & Ella Grigg (College Psychologists)

Date: Thursday 15 June 2023

Venue: PAC Auditorium

Time: **6:00pm**

Welcome – tea, coffee & light refreshments

6:30pm – 7:30pm

Presentation and questions

***To register please RSVP cow@stbedes.school.nz
by Monday 12 June 2023.***