



**Presbyterian  
Support**  
Upper South Island

# Incredible Years® Parenting Programme

## Date, Time & Location\*

14 week programme

**27 February - 11 June 2024**

**(with 2 week break for school holidays)**

Tuesdays - 9.30 am – 11.45 am

**Tinwald Plains Function Room**

**20 Maronan Road, Tinwald, Ashburton**

## Registration

Erin Sturman - Ministry of Education

[incredibleyears.canterbury@education.govt.nz](mailto:incredibleyears.canterbury@education.govt.nz)

**NB: Spaces are limited and bookings are essential. Waitlist and referrals are managed by the Ministry of Education.**

## Course Details

Incredible Years is a parenting programme for parents of 3-8 year old children who would love to connect with other parents and learn some new parenting strategies.

### Outcomes you should expect:

- » Building a closer bond between you and your child/children.
- » Growing your child's social and emotional skills so that they can make friends and manage those BIG emotions!
- » Understand your child's learning and help them persist with challenging tasks.