

## Private Practitioners Working in South Canterbury

Name	Telephone	Email/website	Other Information
<b>Organisations</b>			
Adventure Development	03 684 5830	<a href="http://www.adventuredevelopment.co.nz">www.adventuredevelopment.co.nz</a>	Free six month programme for youth Age 13-19
Mental Health Brief Intervention South Canterbury			Four free sessions. Adults only, requires a referral from you GP – Ring your GP and speak to the Practice Nurse who is able to assist you with the referral.
Centrecare Counselling Waimate	03 689 8337		Counselling service.
<b>Private Counsellors</b>			
Jo Blakemore (Timaru)	021 126 3369	<a href="http://www.growing-conversations.com">www.growing-conversations.com</a>	Counselling/psychotherapy for adults. ACC approved. Professional Supervision available.
Kath Byrne (Ashburton)	021 119 8038		Counselling for individuals, couples and families, including children. Also works with mental health issues and PTSD. Available in Temuka on Saturdays.
Natasha Fowler (Timaru)	021 578 488	<a href="mailto:Atimetotalk@gmail.com">Atimetotalk@gmail.com</a>	Grief, relationships, depression, life challenges or transitions.
Jan Hellyer (Timaru)	027 288 8727		All areas of counselling specialising in grief, relationships
Leigh Lawless (Timaru)	021 114 9794	<a href="http://www.discovertherapy.co.nz">www.discovertherapy.co.nz</a>	Play therapist, working with children aged 3-12, including parenting support.
Christine Macfarlane (Timaru)	021 284 3040	<a href="mailto:macfarlane.therapy@gmail.com">macfarlane.therapy@gmail.com</a>	All areas counselling, specialises in relationships, child and adolescents, family work, depression, addiction, professional supervision.
Viv Macfarlane (Timaru)	688 1956 027 655 8508	<a href="mailto:viv.macfarlane@xtra.co.nz">viv.macfarlane@xtra.co.nz</a>	All areas of counselling, specialises in grief and loss, sexual abuse, provides professional supervision, Employment Assistance Provider, family work.
Sue McCoy (Timaru)	688 5405 027 688 2044	<a href="mailto:sue@suemccoy.co.nz">sue@suemccoy.co.nz</a>	Relationship, Pre marriage counselling, supervision, mental and emotional health, anger, workplace issues, ACC approved.
Liz McGregor (Timaru)	688 3457	<a href="mailto:emcgregor@xtra.co.nz">emcgregor@xtra.co.nz</a>	Tues-Friday 8.30am-6.00pm Specialises in grief – job loss, health, life transition. Private coaching, customised to each client's relationships.
Catherine Richardson (Timaru)	027 300 7894	<a href="mailto:Catherine@richardsoncounselling.co.nz">Catherine@richardsoncounselling.co.nz</a>	Works with children and adults in a range of situations particularly in areas of grief, loss and change.
Pauline Roberts (Canterbury)		<a href="mailto:refreshrlyfe@gmail.com">refreshrlyfe@gmail.com</a>	Specialises in grief – job loss, health, life transition. Private coaching, customised to each client's needs.
Ashley Shaw (Timaru)	021 772 334		Works with individuals and couples, alcohol and drug issues, mental and emotional health, relationships.
Sarah Taylor (Timaru & Geraldine)	022 164 1837	<a href="mailto:Sarah.tay.nz@gmail.com">Sarah.tay.nz@gmail.com</a>	Re-building life after loss using a life re-entry model. To move from a place of surviving, being able to more fully live life. Individual and course work available to learn the skills to make this shift.
Marion Williams Timaru and Fairlie	03 685 8690 021 685 613		Works in Fairlie and Timaru, sexual abuse, grief, relationships, depression, anxiety, support parents to parent positively, works with children and adults.
Elaine Monks (Oamaru )	021 145 1894		Based in Oamaru, may suit Waimate people, ACC approved, counselling and psychotherapy with individuals, couples and families.
Julia Sutherland (Oamaru )		<a href="mailto:Julia.sutherland@clear.net.nz">Julia.sutherland@clear.net.nz</a>	Oamaru, may suit Waimate people. Grief, separation issues, parenting, works with children.
Ian Crosson (Ashburton)	027 454 8398		Works privately as well as for Canterbury Men's Centre.
<b>Psychologists</b>			
Catherine Feely	022 691 7012	<a href="mailto:cgfeely@gmail.com">cgfeely@gmail.com</a>	Child and Family Psychologist. Experience in health, education, and welfare sectors.
Graham Geddes	686 0934	<a href="mailto:Graham.Geddes@xtra.co.nz">Graham.Geddes@xtra.co.nz</a>	Clinical Psychologist
Anne Langham	027 494 7700	<a href="mailto:harryandanne@maxnet.co.nz">harryandanne@maxnet.co.nz</a>	Child and Family Psychologist, Educational (incl. intellectual) assessments. Work with children, adults, those with disabilities. WINZ subsidised counselling for eligible clients.
Michelle J Reihana	021 206 8578		Child and Family Psychologist. ACC Sensitive Claims approved
Katrina Stanley	021 0287 0810	<a href="mailto:katsugrue@hotmail.com">katsugrue@hotmail.com</a>	Clinical Psychologist. ACC Sensitive Claims approved

For more information click on this link: <https://www.healthinfo.org.nz/patientinfo/AorakiRegionTherapistDirectoryJune2018.pdf>

c:\users\le.walsh\downloads\counsellors working in south canterbury april 2018.docx