Friday 3rd April 2020

To our dear grandchildren of Nayland College,

Thank you so much for all your beautiful letters that we received from you. It was such lovely surprise to receive these at this time.

It made us very happy and felt blessed that you were all thinking of us at the uncertain time for us all.

We are all doing well, feeling fit and healthy. We all had our Flu jabs this morning to help keep us well.

We are trying to keep ourselves busy both mentally and physically. We do this by having small walks around our beautiful garden areas here. Some of the others go for walks out in the neighbourhood.

Because of what’s going on we are unable to go out on our regular trips, have entertainers or Church groups to come in so we have making our fun. We have done our own Church service and we have still been having musical activities such as Music DVDs & Sing-A-Longs sometimes planned sometimes not.

We have been so happy with the beautiful weather that we have been enjoying especially when we can sit in the sun.

We have wonderful Staff that look after us, and help us wherever we need, not to mention the food that is cooked for us each day including 2 puddings – YES that’s right 2 puddings every day, not to mention the homemade baking.

We have activities each day that we can join in on so we get to hear the daily news most days, have played cards & dominoes, listened to Short Stories and have had some quizzes and played a floor mat quiz game, which was a lot of fun.

Some of us have helped with the laundry in which we help to fold towels & flannels and this week some of the men washed down our outdoor furniture then proceeded to give it a new coat of paint/stain, so it now looks like new again.

Thank you for sending us the pictures of your pets as we all love animals here, in fact we have 3 cats here ourselves, their names are Odie, Indie & Skittles. We also have 2 puppies called Jaxom & Lily that visit us regularly each week. These puppies belong to 2 staff members.

We are so entertained when the puppies are here as they are constantly playing with each other by chasing each other around the gardens.

We like you are missing visits with our families and friends although we do get phone calls or video calls from time to time, which is fantastic.

Thanking you all once again for your beautiful letters and thinking of us.

Please know that we too are all thinking about, your families, your friends and your beautiful pets.

Remember to be kind to your parents and help them out where you can.

Be kind, remember your manners and stay safe.

Take care of yourselves and look after each other

With lots of love and our best wishes

From all the Grandma’s & Grandads of the Wizer generation, the swag elderly folks of Flaxmore Lifecare rest home. xx