

EAT SMART

*Combos also
available!*

WRAPS

	PRICE
Butter Chicken Wrap 	\$5.00
Veggie Pocket  	\$4.20
Chilli Bean Wrap  	\$4.80
1/2 Wraps <i>Ham, Chicken or Vege</i>  	\$4.00

RICE DISHES

	PRICE
Teriyaki Chicken on Rice <i>(Cold)</i> 	\$5.50
Butter Chicken on Rice <i>(Hot)</i> 	\$5.50
Rice Balls <i>See cabinet for selection</i> 	\$2.00
Chicken Fried Rice 	\$3.80
Sushi <i>See cabinet for selection</i> 	\$4.00 _{4pk}
Sushi Sandwich 	\$5.00

SANDWICHES

	PRICE
Sandwiches <i>See cabinet for selection</i> from	\$2.00

PASTA DISHES

	PRICE
Tuna Pasta Salad 	\$3.80
Italian Pasta 	\$3.50
Surimi Pasta Salad	\$4.00
Pesto Chicken 	\$4.50
Spaghetti Meatballs	\$4.80

ROLLS

	PRICE
Rolls <i>Ham, Beef, Chicken or Vege</i>  	\$5.50
Crispy Chicken Roll	\$3.20
Garlic Bread Plain 	\$2.00
Garlic Bread Cheesy 	\$2.20

BURGERS

	PRICE
Cheese Burger	\$3.80
Chicken Burger	\$5.00

SALADS

Salads *Chicken or Vege*  

Fruit Salad  

Curried Cauliflower  

PRICE

from \$3.80

from \$3.80

\$5.50

LOOSE CHANGE

Hash Brown 

Hot Dog

Chicken Tender

Wedges 

Popcorn 

Chicken Sticks *Southern Style*

PRICE

\$1.00

\$3.00

\$1.50

\$2.80

\$2.00

\$1.30

TREATS

Mrs Higgins Brownie Bites^{30g}

Fruit and Jelly Cup

Caramel Slice 

Juicies 

Yoghurt Tub  

PRICE

\$1.90

\$2.00

\$2.50

\$1.50

\$1.50

FRESH BAKED

Muffins *Blueberry, Banana, Apple* 

Scones 

PRICE

\$2.00

\$2.00

OTHER

Chicken & Vege Dumplings  \$4.00^{6pk}

Steamed Pork Buns 

\$3.50

EXTRAS

Sauce

Sour Cream

Cheese

PRICE

\$0.50

\$0.50

\$0.50

HOT DRINKS

Soup Range 

PRICE

\$2.50

DRINKS

See selection available

PRICE

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Place an order, ready for lunch and don't forget to ask for your free apple!

