

# Toward Loving (A)

Ka ora, ka aroha, ka mau tonu, ka mau tonu

Relationship Programmes based on Christian Sexuality

## Toward Loving (A)

"Parents hold their children's hands for a while and their hearts forever"

Loving for Life programmes provide information and values based education on human sexuality appropriate for the age group. 'Toward Loving (A)' is designed to encourage and resource parents, enabling them to share, instruct and talk with their children confidently.

### **OBJECTIVES:**

- To support parents in their role as primary educators of their children.
- To communicate the Christian understanding of human sexuality and relationships.
- To educate students on how to healthily integrate all aspects of their Hauora (emotional, spiritual, intellectual, physical and social).
- To facilitate learning in an environment that encourages interaction and respect.

#### **FORMAT:**

Father/ Son Programme
Mother/Daughter Programme

Parent and child together engage with the subject matter, guided by a facilitator.

#### **OVERVIEW**

Session 1 - Ko Ahau

How to be happy and reach one's potential.

Session 2 - My Life Begins
Foetal development and childbirth.

Session 3 - Whānau Belonging in a family.

Session 4 - Adolescence
Transition from childhood to adulthood.

Session 5 - Puberty
Body changes and development of the gift of fertility.

Session 6 - Whānaungatanga

How to develop and build positive friendships for life.

Session 7 - Media/Technology
The influence of the media.

Session 8 - Married Love
Understanding marriage as a gift.

Session 9 - Loving Now
How we can show love daily in our family.

## Toward Loving (A)

'Toward Loving (A)' is the first module in a series of Christian Sexuality programmes developed for school age students.

LOVING FOR LIFE MODULES:

yr 7/8
yr 8/9
yr 9/10
yr 10/11
yr 11/12
yr 12/13



#### PRESENTED BY:

- By a team of trained facilitators who recognize the goodness and dignity of each student.
- Facilitators who honour and respect the role of parents as first educators.
- Facilitators who agree and abide by the aims and objectives of Loving for Life NZ.

Loving for Life systematically conducts qualitative analyses of student responses in order to improve programme effectiveness.

Questions or comments please email: lovingforlifenz@gmail.com www.lovingforlife.co.nz © Loving for Life NZ

