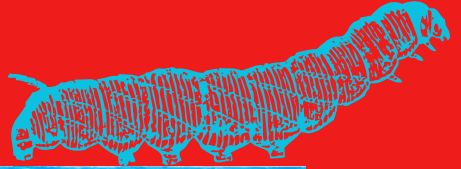


THE FRIENDSHIP GROUP ZINE



'Shellbee' by Philip Lomas





**Introducing....
the Adventure and
Exploration Team &
The Pool Sharks Friendship
Groups**



THE ADVENTURE AND EXPLORATION TEAM



The Adventure and Exploration team feel this is a great opportunity to get out and meet new people and make friends. They share ideas, their strengths and experiences with each other. The

Adventure and Exploration team have five members, they are Joseph, Kara, Yvonne, Melissa and Wayne. They have all been saving money each week to go towards trips away and more expensive activities.

They are beginning to plan a trip out of Dunedin. They will need to do some fundraising to make it possible.

Each Monday The Adventure and Exploration Team meet at midday, they have a meeting to plan activities etc and then they do a variety of fun things together. So far, they have visited the Chinese and Botanical gardens, done arts and crafts together, been to the gym, gone on walks and visited a number of cafes for coffee.





THE POOL SHARKS FRIENDSHIP GROUP

We have 9 members they are Dwayne, Sasha, Chris, Shane, Nicole, Leeanne, Philip, Robert and David. We meet at midday every Tuesday for two hours each week. We begin each meet up with a meeting and then we go out and do fun activities together. So far, we have gone to Chingford Park for a picnic, the Kensington to play pool, Toitū museum, the Dunedin Public Library and café, the Edgar Centre to play basketball and table tennis and have had art and craft get togethers and potluck lunches. We have a koha jar so we can save money each week as a group for more expensive activities like bowling and mini golf. In the near future we are planning to go out for lunch at China palace, celebrating three group members birthdays on the 22nd of August and also arranging a trip away out of Dunedin.

By Dwayne and Sasha



THE TROUBLE CRAZY FINCH EATS

CRANBERRIES TEAM

(EDIBLE GARDENING GROUP)



The Trouble Crazy Finch Eats Cranberries Team have been painting river rocks with all sorts of bright colours. They recently went to Brighton beach and collected shells, rocks, driftwood and pine needles for their fairy and Strawberry gardens. They also recently visited the Green Island dump shop and a number of central op shops and bought ornaments and objects for their fairy gardens. Each person is exploring a different theme for their fairy gardens. The group also planted garlic and strawberries in June. They have finished painting their new gardening cupboard and now have a new garden bed!



TALKING SMACK



SummerSlam 2023 Reviews

Justin's Review: Match was between Roman Reigns and Jeyusos

Roman Reigns (my favourite wrestler) showed great confidence and strength, he tried really hard to show good strength. He had enough strength to pull a victory!

David's Review: Match between Cody Rhodes and Brock Lesnar

My favourite match would have to be between Cody Rhodes and Brock Lesnar. The manager of the company was hyping both the athletes up prior to their match.

I loved the build up to the match.





**Individual Stories
of
friendship group
members**



YVONNE'S DIAMOND ART

I like the numbers and the colours. I find making diamond art relaxing. The butterfly is the fourth one I've made.

I like butterflies. I like making diamond art as a group. I get my diamond art from Happy Coins, they range in prices.

By Yvonne (The Adventure and Exploration member)



Dwayne Joins Gasp! Dance

I've started dancing at Gasp! Dance. I like it because it's creative dance. I've been dancing with Gasp Dance for a month now. I'm going to perform in the end of year showcase, in September. I've been dancing at the Fever Club as well, this is fun dancing.

By Dwyane (Pool Sharks member)



SHANE'S RADIO SHOW



A month ago, Shane celebrated 10 years of his radio show. Access Radio gave him a certificate and some cupcakes to celebrate his success. He celebrated his 10 years with the song Celebration by Kool and The Gang, one of his favourite songs. Shane is aiming for 5 more years of his radio show. He's keen to share some of his favourite songs with The Pool Sharks friendship group and encourage the group members to share their favourite music.



Robert's Bledisloe Cup Review

The All Blacks versed the Wallabies at the Forsyth Barr Stadium on Saturday the 5th of August 2023. The All Blacks lost in the first half, 17-3 but the second half they bet the Wallabies by 23-20. I felt anxious watching the game. It was an exciting game. I was surprised the All Blacks won.
By Robert (The Pool Sharks member).



Local Art



Philip (The Pool Sharks member) has a solo exhibition during August at Studio Two. He has drawn his favourite insects these are... Spiders, lady bugs, grasshoppers, bumblebees, glow worms, moths, butterflies and caterpillars. He has used colouring in pencils on cardboard.
Come and check it out!



DAVID'S SCREEN PRINTING

David recently screen printed some WWE text to his hoodie at Artsenta.

Horticulture and Gardening

Rose Gardens: Dead heading roses is very important, when the rose is dead you need to get rid of it so a new flower bud can grow.



Weeding: It is really important to keep all of the gardens tidy. An easy way to get rid of the weeds is to use mulch. This will suppress the weeds and make the gardens look tidy.

A weedeater is used to cut down very long grass and keep the edges of a garden tidy.

By Joseph Duncan a horticulture worker at Chatsford Retirement Village
(The Adventure and Exploration Team member).



Kara's word of the month

Encumbrance:
an impediment or burden.

Heff's Social Club Pub Crawl



On Saturday the 8th of July we went on a pub crawl to 4 pubs between Waiholā and Milton. We travelled by coach, and left at 10am and returned home at 6pm. We all got Wild Buck hats and a glove with a can holder, to hold our beers. We stopped to have some snacks before the last pub in Milton. It was a good day with good beer and good company. By David King (The Pool Sharks member).

FEVER CLUB IS BACK!



Fever Club started back on Wednesday the 21st of June. It's a really fun evening of classic disco tunes, groovy moves and yummy food!

Fever Club is every 3rd Wednesday of the month from 6:30-9pm at Alley Cantina, 140 George Street

Come on down for a boogie!



WHAT'S HAPPENING IN THE COMMUNITY...

- **Studio2:** Studio2 is a small art studio for people with disabilities. They provide a supportive space where people can explore their creativity through a variety of processes and mediums.
Studio open Mondays - Wednesdays 9am-12pm and 1pm - 4pm
and Thursdays and Fridays 9am-12pm.

<https://www.instagram.com/studio2creativespace/>

<https://www.facebook.com/MargaretFreemanGalleryAndStudio2/>

- **Super Grans:** They provide a caring, confidential and non-judgemental service that aims to share home skills, including cooking, sewing and gardening.
They offer Group Workshops at Super Grans place and one on one home-based mentoring.

OPENING HOURS

10am till 2.30pm - Monday, Tuesday, Thursday and Friday

You'll find them right beside Pregnancy Help in South City Mall

- **Gasp! Dance Trust:** Inclusive Dance for people with and without disabilities. They offer movement exploration and unique performance for people of all abilities.
Senior class (over 16 years): Mondays 6pm-7pm and 7.15pm – 8.15pm
Junior class (under 16 years): Tuesday 4pm-5pm
Classes are at the New Athenaeum Theatre, 23 The Octagon, Dunedin
Classes suited for all levels and abilities.
Please wear comfortable clothing, and bring some water. No dance shoes necessary.
- **Freedom to Sing:** Every second Saturday a group of singers meet at 10.30am at the Friend-Link office, 185 Hillside Rd Dunedin.
contact: friendlinkdn@gmail.com 0274318213 or 021435020
- **Fever Club:** Come for a Boogie! The 3rd Wednesday of every month. 6:30-9pm Alley Cantina, 140 George Street, Central Dunedin.
- **Friend-Link:** Dunedin Friend-Link supports people with intellectual/learning disabilities to participate, contribute and belong to the Dunedin community.
It does by identifying what would make life more enjoyable and supporting someone to fill the gaps through friendship, groups membership or pursuing a dream. 185 Hillside Rd Dunedin contact: friendlinkdn@gmail.com
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