

NAIRNVILLE RECREATION CENTRE

MINIBALL RULES

YEARS 3 – 6

Scoring

A basket made during the game is worth 2 points; a basket made from the free throw line (a shot after a contact is made on a shooter) is worth one point.

Substitutes

For the purpose of development, players may be substituted at any time during the game. Substituted players must leave the court to change their bands. There is no limit on the number of substitutions allowed per game.

Ball Movement

The ball is held with the hands, striking the ball with the foot or fist is not allowed. The ball may be passed or bounced.

Dribbling

The ball must be bounced with one hand and you may alternate hands. Once the ball is held the dribble ends, and you must pass or shoot the ball. The ball may not be bounced with 2 hands at the same time.

Out of bounds

The ball is out of bounds when it strikes the boundary or the floor outside the boundary line or any object outside the boundary line. If the ball hits the top of the seats it is deemed out of bounds. The far wall on the climbing frame side is deemed out of bounds if the ball hits above the backboard. When you are in bounding the ball and there is less than 1 metre of space between the wall and side-line, defenders need to stand 3 feet back from the side-line.

Travelling/progress

Players are not allowed to walk or run while holding the ball with two hands. They may turn while keeping one foot on the ground (pivoting).

Fouls

The referee will hold responsible, for contact, the player who has knowingly caused the contact, or has not intended consciously to avoid it. The player who is responsible for contact commits a foul.

Other Rules

- All team members will be given a coloured band; all players may only play defence on the player with the same coloured band in the other team, even whilst shooting a basket. **You may not change coloured bands with a team member on court unless you have no subs. You have to wait until you are subbed off to make the change.**

- The defensive team may not play defence until the offensive team has brought the ball over the half court line.
- A defensive player must not impede the progress of an attacking player with a different coloured band.

Back court rule

Players may pass or return back behind half court. However, if they are using this as a strategy to waste time or avoid the defence, then they will be advised by the referee to pass over half court. If they continue with this strategy after being advised, then they will have the ball turned over to the opposing team.