

Explaining COVID-19 Contacts (Phase 2)

What is the difference between a positive case, household/whānau of a positive case and a close contact?

Household/Whānau - People who live in your house with you
Positive Cases - Someone who has tested positive for COVID 19
Close Contact - Someone who has had contact with a person with COVID 19 when they were infectious

You or your child tests positive	Household members of a positive case	You or your child are a <u>close contact</u> of a positive case	
Self-isolate for 10 days (Your child and your household/Whānau will also need to self-isolate)	Self-isolate for 10 days	Close contact	<i>Household member of close contact</i>
Provide all necessary information to contact tracers to help them identify other close contacts	Test on day 5 and then again on day 8	The close contact must isolate for 7 days, get a test on day 5	All other members of the household can continue as normal monitoring for symptoms
Test on day 5 and then again on day 8	You can stop isolating and RETURN to normal life once you have received a negative day 8 test and the 10 days have passed.	You can stop isolating and RETURN to normal life once you have received a negative day 5 test and the 7 days have passed	lf you develop any symptoms, you should get a test
You can stop isolating and RETURN to normal life once you have received a negative day 8 test and the 10 days have passed.	You will be notified of your test result (negative or positive) by text	You will be notified of your test result (negative or positive) by text	
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STUDENTS COME TO SCHOOL & YOU CONTINUE WITH YOUR NORMAL ROUTINES Monitor for symptoms and get tested if feeling unwell

COVID-19 Frequently Asked Questions

In light of recent cases in the local area, this information is to support our families with any Covid-19 queries, and what you need to do.

In advance we know that this will end up in disruptions to your lives and work and thank you for your understanding and support.

Please note that we are not the "health experts," but do know that the Ministry of Health may be delayed in providing advice/guidance to you.

Please also note that this information is **subject to change**, based on any updated guidelines from the Ministries of Education & Health.

Click on the question below to find the information you need quickly...

- → Who do we advise if my child tests positive for Covid-19?
- → What actions does the school take when there is a positive case?
- → How do we work out who is a Close Contact?
- → My child is a close contact. What does this mean?
- → <u>Do I need to provide anything before my child is able to return to school?</u>
- → If my child is a close contact, does the rest of our household also need to isolate?
- → <u>A member of our household is a close contact. Can my child still attend school?</u>
- → We received the letter saying that my child is NOT a close contact. What do I need to do?
- → My child has tested positive for Covid-19. What does this mean?
- → My child is feeling unwell (e.g. cough, headache, sore throat etc) Can I still send them to school?
- → Is it safe to send my child to school?
- → What are you doing to keep my child safe?
- → My child is anxious or scared. What advice do you have?
- → My child needs to isolate at home. What support will school provide around teaching and learning?

Who do we advise if my child tests positive for Covid-19?

Please contact Daniel Wilson as soon as possible after you have been informed of a positive test result. Contact: by email <u>daniel.wilson@nayland.school.nz</u> or phone the school 03 547 9769

What actions does the school take when there is a positive case?

We follow a response plan based on guidance from the Ministry of Education. This involves:

- Seeking confirmation of the positive case, and when the infectious period was and whether or not they were wearing a mask (this makes a significant difference to contact tracing)
- If this was on a school day, we then work through contact tracing
- We will advise students that are close contacts, via text/email
- If this occurs during a school day, we will request that you come and collect your student as soon as you are able to
- We are no longer contacting casual contacts. All students at Nayland College need to consider that they have been in contact with the virus at some point inside school or in the community

How do we work out who is a Close Contact?

There is detailed guidance around this and a range of criteria. Without going into detail, if the infected student is wearing a mask, then the likelihood of close contacts being identified is very low.

My child is a close contact. What does this mean?

- This means your child has had contact with a positive case at our school.
- They will need to isolate for 7 days and be tested on day #5 (Note the 7 days start from the date that they were in contact with a positive case at school. Because of the time lag between the confirmed case/test results, this may mean that your child only needs to remain home for a smaller number of days).
- We will advise you further regarding testing and isolation dates.

Do I need to provide anything before my child is able to return to school?

Yes please. For positive Covid cases or close contacts we would like to see the last negative test result please. Note: if your family chooses not to get the Covid test done, then the period of isolation will need to be extended.

If my child is a close contact, does the rest of our household also need to isolate? No.

A member of our household is a close contact. Can my child still attend school?

Yes, as above. Your child is able to attend school.

We received a letter saying that my child is a casual contact. What do I need to do?

Most importantly, your child is still able to attend school

- You and your whanau should watch for symptoms
- If any develop, get tested immediately
- Then, stay at home until you receive the result
- Please keep an eye out for school communications

• If your whanau hasn't been vaccinated, please consider doing so as soon as possible.

My child has tested positive for Covid-19. What does this mean?

This will mean that your child will need to isolate. All family members will be close contacts and also need to isolate. Ministry of Health will provide more guidance.

A member of our household has tested positive. What does this mean?

This will mean that your child will be a close contact and also needs to isolate. Ministry of Health will provide more guidance.

My child is feeling unwell (e.g. cough, headache, sore throat etc) Can I still send them to school?

Because these are all symptoms of Covid, please do not send your child to school. While these may be the normal bugs/sniffles that occur, we encourage you to get your child tested.

THE TOP 5 MOST COMMON OMICRON SYMPTOMS



Is it safe to send my child to school?

Our processes involve working through a detailed contact tracing assessment. If your child is not a close contact, then school is still open for them and we encourage you to send them to school as much as you can. As you know, our students have missed a lot of teaching and learning over the past 2 years, and we really want to see them at school as much as possible. Our school health and safety plan for CPF Red does contain a large number of protections.

What are you doing to keep my child safe?

- All staff, volunteers, contractors on site are vaccinated
- We are ventilating all our rooms as much as possible
- Staff, students and visitors are wearing masks

My child is anxious or scared. What advice do you have?

Our onsite team are working hard to make school fun, safe and a place of learning. We encourage you to focus on the things that they can do to help - mask-wearing, washing hands, getting a test (if required). This website has some useful tips - <u>https://www.kidshealth.org.nz</u>

My child needs to isolate at home. What support will school provide around teaching and learning?

If students are well, they will need to start online learning. The hub for each of our online classrooms is the class *Team*. This often includes a OneNote with pages of lesson activities. If well, isolating students will need to take responsibility for going to the Team and finding the instructions for tasks.

Teachers will use the 'General – Posts' area of the *Team* to let students know where to find tasks and resources. Please note that teachers will not always be able to directly contact parents or students by email to set work.

Should your student or yourself need to contact a teacher by email the format is firstname.lastname@nayland.school.nz.

More information can be found in our <u>Learning@Home</u> guide.