

## GREYMOUTH 17, 18, 19 NOVEMBER 2021

ARRIVE 8,30AM FOR 9AM START

FINISH 4.30PM

People are shaped by the life that they have experienced and for many, this has not always been a positive experience. We help people to remove negative aspects of their conditioning by giving them useful • Be happy right now tools and easy-to-learn techniques. This allows their own unique positivity to emerge.

Positive thinking by itself does not achieve worthwhile and lasting changes, but by thinking the 'thought' and then by taking the right steps or action, you can achieve great success in all areas of your life.

The first and most useful step in this process is becoming aware of • Work Life balance your own conditioned beliefs and then deciding which are no longer • Fear and guilt useful.

## "The best course I've ever done: the most powerful, useful and life - enhancing experience I've ever had."

Nelson Soper presents the Empowering Positive Change 3-day programme. He has extensive experience in working with and mentoring families and individuals throughout New Zealand. He is currently facilitating nine different programmes and has delivered these throughout the country.

Nelson has presented the Empowering Positive Change 3-day programme to people from nine years old to eighty four! His presentation is informative and empowering. He will outline the tools people need to enable themselves to look at their lives from a different perspective: a perspective that will help people identify their hidden talents and potential.

Email us today at barb@kiwifamilytrust.org

Venue:

West Coast Events Centre

Shantytown

316 Rutherglen Road

Paroa

Greymouth 7805

- · Set goals for your future
- Learn to stay focused
- Procrastination
- Avoid stress
- Clear Factual Communication

- · Organisation, time management
- Mind games
- Thinking and Acting
- · Quieten the mind
- Enjoy the journey of life



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