

Selwyn Year 7/8

Water Polo

Water Polo is a sport played in deep water. Like football, there are two goals- with a goalie in each goal. Water Polo is played with 7 players (1 goalie and 6 outfield), with the aim of scoring goals. Players may swim with the ball, or pass. But must only use one hand except for the goalies.

Water Polo helps to provide kids with confidence in the water, sportsmanship, teamwork and fun that swimming lengths does not offer.

We are looking to run this on a Friday night at Selwyn Aquatic Centre, with a cost of \$100 per week per team. We would aim to run the competition for 6-8 weeks depending on pool availability.

We recommend teams of 10 players to allow for substitutes and player unavailability. Canterbury Water Polo would look to offer an option for individuals to register as well and create Canterbury teams, or help schools form combined teams.

For more information please contact
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