



MANA AKE
STRONGER FOR TOMORROW



**Presbyterian
Support**
Upper South Island

Tuning Into Teens

DATE , TIME & LOCATION*

25 October–6 December (6 weeks)

12.00pm-2.00pm

Presbyterian Support

215 Tancred Street, Ashburton

REGISTRATION

**Please refer through
www.psuffersouth.org.nz or visit
Presbyterian Support to complete
a referral form.**

**NB: Changes can occur depending
on registration numbers.**

COURSE DETAILS

**Parents and carers learn emotion
coaching skills for use with young
people aged 10-18 years.**

- » **Focus on developmental needs
of teenagers**
- » **Integrates greater focus on
acceptance and empathy**
- » **Improved parent/teen
relationships and adolescent
mental health**

** Spaces are limited, however, you can request to
be placed on the waitlist*