

## **Belfast School Newsletter**

## care I share I learn I grow

Thursday, 30 June 2022

#### **Absences:**

absences@belfast.school.nz or text 027 6364254

#### **Contact Details:**

P: (03) 323 8849

E: office@belfast.school.nz

700 Main North Road

Christchurch 8051

Principal:

Belfast

Sue Elley

**Board Chair:** 

Caroline Elkington

#### **Dates of Interest:**

R10 & 11 trip to Bottle Lake Forest: Tues. 5 July

Last day of Term 2: Friday, 8 July

Term 3 starts: Monday, 25 July

## Welcome to our new Pupils:

Artharv Deshmuth, Hayley Cowhan, Tamar Frizzell, Miles Ohlson, Christopher Graham, Ameleah Watson-Madeley, Milane Stoltz, and Roman Falloon.



## Dear Parents/Caregivers and Whānau

Tēnā tātou i raro i te maru o Ngāi Tahu. Ngā mihi nui ki a koutou katoa. As-salamu alaykum. Hola. Talofa lava. Kon'nichiwa. Kamusta. Nĭ hău. Namastee. Magandang hapon. Ni sa bula vinaka. Kia orana. Fakatalofa atu. Malo e leilei.

We were thrilled to meet so many parents and caregivers at our Ako Conferences last week. Thank you for making the time to meet with the class teachers and discuss your children's progress and next steps. It is always such a valuable experience for teachers, as we hope it is for you, to work together for the best interests of our young people.

As we head to the end of the term, we know how much everyone needs some time to rest and look after their health. It has certainly been a challenging term. The Ministries of Health and Education have provided some resources to encourage us to stay healthy this winter. Here are some of their top tips:

#### Avoid getting sick:

 Eat well, stay active, get plenty of fresh air and keep up those effective public health measures (hand washing, masks indoors in public etc.) - also, make sure you have the best protection possible by getting vaccinated against COVID-19, measles and the flu.



## If you do get unwell:

- Stay away from work or school.
- Check if you've got COVID-19 with a RAT test. Follow COVID-19 isolation guidance if you or your whānau are positive.
- Seek help early by phoning Healthline on 0800 611 116, day or night.

In most cases flu or an upset stomach can be safely managed at home. Call ahead before visiting your health provider, rather than visiting in person, and stay away from hospital unless it's an emergency.

Find more information on staying well and flu free this winter by clicking on this <u>link</u> and the <u>links below</u>.



The Coping with Flu at Home information leaflet is available in English, Te Reo Māori and five other languages and has useful tips on managing sickness at home in general:

Winter Wellness Coping with Flu at Home - Te Reo Maori Flu Free NZ Resources

## Free flu jabs for tamariki aged 3 to 12

Children aged 3 to 12 years old can get a free flu vaccination from their GP, healthcare provider or at most pharmacies from this **Friday 1 July**.

### Free flu jabs for tamariki - Ministry of Health

Most tamariki aged 9 years and over need one vaccination each year to get good protection against flu. If you have a child under 9 years old, talk to your healthcare provider as they may need one or two vaccinations depending on whether they've had a flu vaccine before.

If tamariki have recently had COVID-19 they can have a flu jab as soon as they've recovered.

## **Senior Campus Site:**

It is exciting to see the first stage of construction beginning for our Senior Campus. If you look to the left of the new Countdown opposite the Belfast Road and Main North Road intersection you will see the school site has been fenced off and the land has started being prepared for piling. The row of poplar trees have been removed to clear the site. The predicted completion date is for early in Term 3, 2023. We are however mindful that delays in obtaining building materials because of the pandemic, and disruption to shipping lanes caused by the war in the Ukraine, may push the completion date out.



#### Being a Two-site School:

Kris Barrow, Deputy Principal, and I have recently visited Wadestown School in Wellington. Wadestown School has been operating as a two-site school for well over 100 years, and we were keen to learn what has enabled them to do this so successfully. We talked with the principal. teachers, students and members of the School Board. The students were very positive about their experiences, giving us examples of how they have developed leadership skills and attitudes from transitioning between the junior and the senior site. We plan to grow our relationship with Wadestown School as we will have the common feature of being schools with two sites.

### **Maternity Leave for Teachers in Room 9 and Room 10:**

Parents and caregivers of children in Rooms 9 and 10 will be aware that Mrs Monique Smith and Mrs Caroline Jones are due to have their babies soon. They will be leaving us at the end of the term, and we are waiting with excitement to meet the new additions to our Belfast whānau. Next week we will contact families with the names of the teachers who will be teaching in their classes for the rest of the year.



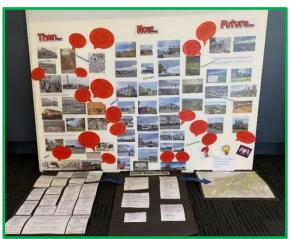
## **Revising the Curriculum:**

On our two recent Teacher Only Days, our staff focused on researching the history, geography and resources of the Belfast community. Our area has a rich and interesting background with many stories of people, places and achievement that we plan to incorporate into our learning programmes. Our curriculum revision is part of preparing for our two-site school and also to align with changes to the New Zealand Curriculum which is introducing a NZ Histories Curriculum.













## **Social Media and Young People:**

Social media use by young people outside of school hours is a parent / whānau responsibility, however we regularly need to manage situations at school arising from misuse or inconsiderate use of platforms like Tik Tok, Snap Chat and all the various chat lines that can be used. Over weekends and holiday breaks usage increases. Children can often get caught in the moment and send messages that are harmful to others. Every young person is at risk of engaging in this type of behaviour. John Parsons has a number of recommendations for parents / caregivers to support children's safe use of online forums. Here is the link to John's Facebook Page

If you haven't viewed his video clips before, please find some time to look. They are well worth it.

#### HOW TO DEAL WITH ANTI SOCIAL BEHAVIOUR

https://www.facebook.com/johnparsonsS2E/videos/643131269822891/

CHILDREN & ONLINE GAMES - A NOSY PARENT IS A LOVING PARENT

https://www.facebook.com/johnparsonsS2E/videos/653756001863893/

**CIRCLE OF LIGHTHOUSES** 

https://www.facebook.com/watch/?v=256299468768773

#### School Holidays:

We hope you all have a safe, relaxing and healthy holiday break. If you are travelling away take care, especially on the roads. We look forward to seeing you after the break.

Noho ora mai - stay well.

Sue Elley

**Tumuaki - Principal** 

## **Message from the Board:**

We want to take this opportunity to recognise that this year has been very tough for all of us. The disruption caused by Covid-19 and now the winter ills, have meant that managing the school has been incredibly challenging. The school has been so close to having to convert to homeschooling on a number of occasions, but has somehow managed to avoid this and they deserve credit for careful management.

Our staff work tirelessly ensuring our tamariki have fun and participate in as many events as possible, whilst navigating and balancing the risks which we now need to incorporate. Please take an opportunity to recognise the efforts and achievements of the staff. Thank you goes a very long way!

#### Caroline Elkington - Presiding Member

## **Parent Road Patrol Helpers:**

Are you able to assist with Road Patrol duty, either in the morning 8.30 to 9.00 a.m. or afternoon 2.55 to 3.15 p.m.? If you can, please email your name and contact phone number to Linda Berryman at <a href="mailto:linda.berryman@belfast.school.nz">linda.berryman@belfast.school.nz</a> Thank you for your support.

## **Drop Off and Pick Up:**

Children are able to enter their classrooms from 8:30 a.m. onwards when their teachers are in their rooms and able to supervise. Prior to 8:30 a.m. there is no supervision for children arriving early, so we encourage you to time your child's arrival at school for 8:30 a.m. At pick up time we have designated areas for children and parents to meet. Children should go to their parents in these areas to help us minimise adults being in close proximity to children not connected with their family. The areas are: by the Junior playground (not in front of the Junior building); the court area besides the school gardens adjacent to the hall. The garden area keeps everyone away from the car parking area for safety.



Children turning 5 years of age! If you have a child turning 5 between now and April 2023 and who will be attending Belfast School, please enroll your child. We need to know how many 5 year olds are starting so we can plan for their visits etc. Please phone Sally on 323-8849 for further enrolment information or email principal@belfast.school.nz

#### **Absences:**



If your child is going to be absent from school, can you please let the school Office know by either leaving a message on the answerphone - 323 8849 option 1, send a text to 027 6364254, or by email to absences@belfast.school.nz Please state your child's name, room number and reason why they will be absent. Thank you.

### **Medical Issues/Health Concerns:**

Please make sure you have discussed any medical issues with either the Principal when completing your child's Enrolment form; or your child's class teacher. If your child's medical information needs to be updated, please collect a medical form from the school Office. This information is confidentially saved into our Student Management System so that we can provide your child with the necessary care.

#### **School Lunches:**

Bakery items can be purchased for the children's lunches on Friday mornings for Friday lunch. Full details and order forms are available from the school Office.

# **Community Dental Service - Dental Care during the School Holidays:**



Community Dental Service will be providing limited appointments during the school holiday break at:

Woolston Community Dental Clinic, 11 Hopkins Street, Christchurch Hornby Community Dental Clinic, 2 Hei Hei Road, Christchurch

You can access these appointments by calling our Contact Centre on **0800 846 983** noting that priority is given to children with immediate dental needs.

For any dental advice, please call the Contact Centre on **0800 846 983** or email **commdental@cdhb.health.nz** 

# **Belfast School Board Elections**

## **School Board Parent Elections 2022:**

"My message to parents is, if you want to be a part of your children's education, become a Board member. Don't be afraid that you might not have the right skills. As a Board you are a collective, you work to each other's strengths. We have had a real cross section from our community, who have brought their own skills and experiences to the table which has been invaluable."



Our school will be undertaking a parent election for **5 School Board Vacancies**. This process will start with issuing of nomination papers to our caregiver community by Friday, 15<sup>th</sup> July 2022.

We have employed CES to undertake the election process on our behalf. This year with legislative change, our nomination form and full instruction on how to place your nomination into our own School's Election website will be emailed to you if we have your email address in our database or you will receive it by post if we don't have your email in our database.

If you have recently changed your email address, please let us know by emailing your child's name and the updated email to <a href="mailto:principal@belfast.school.nz">principal@belfast.school.nz</a>

Nomination papers will also be available at the school Office. The school will send those on to CES for processing upon receipt from candidates.

Nominations close on Wednesday, 3rd August at 12 noon.

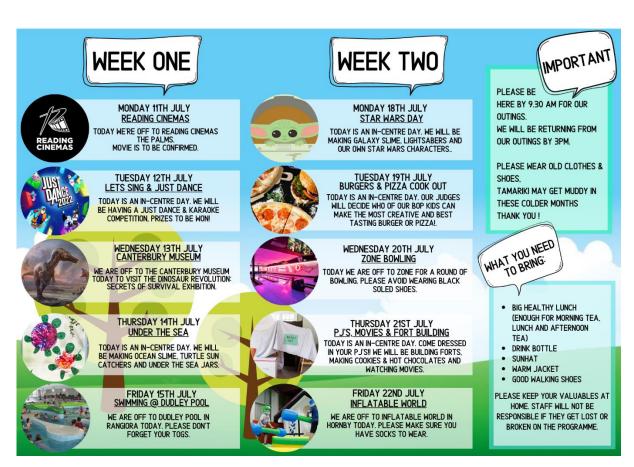
Election day is Wednesday, 7th September.





## **BOP Kids Holiday Programme:**







## **Learn to Swim Lessons:**

CCC is celebrating 20 years of Swimsmart, and as part of their celebration they are offering a week of school holiday lessons for \$20.00 (normally \$69.00). This is a fantastic offer. Spaces are lilmited and will fill up fast. Sign up today at: ccc.govgt.nz/holiday-lessons



## **Brain Play:**



Brain Play teaches online after-school science and technology classes to Kiwi kids aged 5-13 years. Online topics include 3D printing, coding, animation, STEM experiements, Lego and more. Free trials available for new students. For more

Free trials available for new students. For more information go to https://www.brainplay.co.nz

## **Shizoku Martial Arts:**

Term 3 is coming. Are you looking for a new activity that will build your child's FOCUS & CONFIDENCE?

We are now taking enrollments in a Life skill focused Martial arts school for all ages.

We Educate. Inspire. Empower youth with FOCUS, CONFIDENCE and other essential life skills while learning self-defence.

Book a trial class with Shizoku Martial Arts. www.smakarate.co.nz

# www.smakarate.co.nz Life Skills & Martial Arts programme that inspire Youth to BELIEVE and EMPOWER themselves.



BE YOUR BEST www.smakarate.co.nz



## **Zumba:**



**Belfast School Hall** 

**Saturday Morning 9AM** 

First Class - Gold Coin
Second Class - FREE
No bookings required - just turn up

For more info email zumbafxchristchurch@gmail.com
Or find us on Facebook Zumba FX Christchurch





## **Next Chapter Parenting Courses:**

# NEXT CHAPTER PARENTING

Offering

The PARENT SURVIVAL KIT

# PARENTING COURSE

- Do you find yourself yelling at your child more often than laughing with your child
- Do you feel you have lost touch with your child
- Do you feel frustrated and find yourself saying the same things over and over again with no result

#### **TOPICS COVERED**

COMMUNICATION CHOICES/CONSEQUENCES COMPLIANCE
EMPATHY SIBLING RIVALRY TEENAGERS AND BOUNDARIES
SETTING LIMITS TEMPERAMENTS ARE YOU DOING TOO MUCH
PERSONALITY TYPES PRAISE VS ENCOURAGEMENT QUALITY TIME







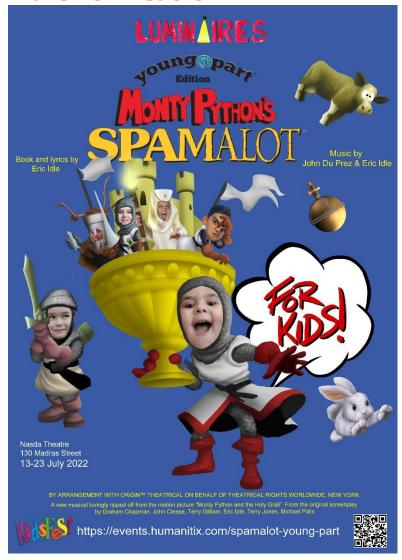


f: NEXT CHAPTER PARENTING www.nextchapter parenting.co.nz E: brigid@nextchapterparenting.co.nz M: 0221087214

WINZ ASSISTANCE WHERE APPLICABLE



## **Kidsfest - Children's Theatre:**



## **Afterschool Speech and Drama Classes:**





## **Risingholme Community Education Short Courses:**



# COURSES

90+ OPTIONS

SHORT TERM + WORKSHOPS



#### **PHOTOGRAPHY**

- Basic Photography for DSLR - Basic Photoshop
  - Photoshop AdvancedComposite Photography



**WORK READINESS** 

Develop skills & confidence to navigate entry or re-entry into the workforce by equipping yourself with the right tools to gain successful employment



#### **ARTS & CRAFT**

Calligraphy
Watercolours
Drawing & Sketching
Wellbeing through
Creativity
Printmaking
Screen Printing
Upholstery + More!



#### COOKING

- Egyptian
- Fermented Foods
- German & Hispanic
  - Indian & Italian
- Preserving fruit,



#### **LANGUAGES**

NZ Sign Language Te Reo Māori Spanish - Italian German - Russian ESOL



### + MORE

Goal Setting Meet New People Wood Sculpture Woodwork Sewing

Guitar

Vegetables & Herbs Adult Community Education - Short Courses

Multiple Locations & Times

Multiple Locations & Times
Face-To-Face & Affordable
Small Classes
Expert Tutors

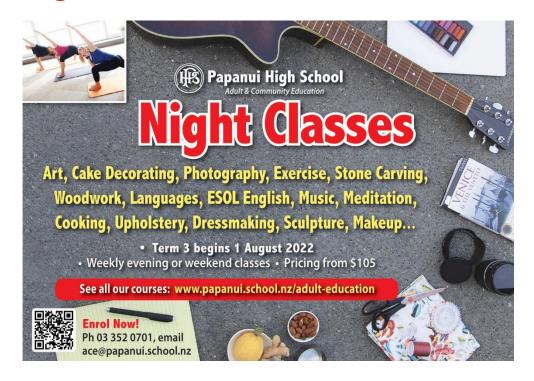


www.risingholme.org.nz

info@risingholme.org.nz (03) 332 7359



## **Papanui High School - Adult Education Courses:**



## **Elements Nature Play July & Kidsfest:**

Elements Nature Based Play - Have your children active & imaginative amongst nature. Think huts, trees, tools, arts n crafts, plenty of time and space. Elements has a great mix of planned experiences and play throughout our programmes. For July School holidays Elements are offering themes such as 'Robin Hood', 'Wild Adventures', 'Magic & Spells' & 'Farm n Fire', at Riccarton, Redcliffs and a Westmorland farm. Ages 5-13yrs or 'stay n play Kidsfest' for 2-7yrs.



















See our website https://www.elementsnature.co.nz/ or facebook page https://www.facebook.com/elementsprogrammes/ to see what we get up to. Bookings are through https://elements.aimyplus.com
For more info email: elementsprogrammes@gmail.com



## Wise Up Programme:



WISE-UP is an 8 session life skills programme for 8-10 year olds. It supports children to recognise feelings and emotions, and explores new and different ways of dealing with these. Workshops are also offered to support and inform caregivers of the children attending the programme.

Cost: Please discuss with our Wise-Up coordinator.

#### **Programme aims:**

- > Build children's SELF-ESTEEM and CONFIDENCE
- > Help children to see their strengths and find what makes them HAPPY
- > Assist children in discovering more about themselves and their strengths
- > Provide children with strategies to cope when they are FEELING ANXIOUS and worried
- > Equip children with new tools to MANAGE HARD EMOTIONS such as frustration and anger
- > Help children identify their own and other people's emotions

#### Participants need to be:

- > Aged between 8-10 years old
- > Willing and able to engage efficiently in a group environment.
- > Have parents that are willing to be involved in the Parent Workshops
- > Experience low-moderate levels of anxiety, or would benefit from learning about their emotions and how to manage them





For information and enrolment please contact: Rowena Dawson-Bovendeerd, Mb: 027 818 7117 Christchurch Methodist Mission

www.mmsi.org.nz www.facebook.com/WiseUpCHCH







## **KidsFest - Court Theatre:**

Here at The Court Theatre, we have the perfect school holiday entertainment ideas for kids this July! Escape into a magical world of hilarity this July. Running from **2 July – 30 July**, *Potted Potter* condenses all seven Harry Potter books (and a real-life game of Quidditch) into 70 hilarious minutes. Fun for all ages, *Potted Potter* is a clever comedy that anyone and everyone can enjoy.

To learn more, or to book tickets, visit our website here.



Featuring The Court Jesters, *Early Early Late Show* will be running at The Court Theatre on **Sunday 17 July**.

This family-friendly improv show is perfect for ages seven - twelve (and their grown-ups of course)! Participation is not just encouraged, it's expected, as audience suggestions will help create hilariously silly scenes, sketches and songs for all to enjoy!

Tickets are only \$13.00 each and can be booked via our website here.