

Does your child or pre-schooler love to move, jump, dance and be active?

Dunedin Gymnastics Academy has spaces available for anyone wanting to start Gymnastics!

Play gym: For Boys and Girls under 5, this programme develops coordination, confidence and movement.

Kiwi Gym Fun: For Boys and Girls 5-8 years old. These classes are designed to be fun, challenging and help develop physical skills and confidence that can be transferred to any sport.

Sport Gym: For Boys and Girls 7-16 years olds wanting to further develop their gymnastic skills. Gymnasts learn skills on vault, bar, rings, beam, floor and trampoline.

Parkour: For Boys and Girls 5 years+. Learn Free Running and Parkour style tricks in a safe, supervised environment.

Trampoline: For Boys and Girls 5 years+. Learn to bounce! This class teaches the basics of trampoline and double mini-trampoline, as well as basic trampoline safety

Rhythmic Gymnastics: For Girls 5 years+ who love to combine dance and gymnastics.

Team Gym: For Girls and Boys 8 years+. Team Gym combines parts of tumbling, mini tramp vaulting, acrobatic balances and dance to create exciting and fun gymnastic displays

You can register now on our website: <https://dunedingymnastics.co.nz/>

Or for more information please contact: manager@dunedingymnastics.co.nz

