## THE TEEN BRAIN COMMUNITY EDUCATION EVENING

## Are you struggling to understand your teen?

During this evening session, we will explore the brain, how it develops, and how things change during adolescence.

We will learn how and why teenagers think differently than adults and provide parents with tips and tricks for supporting their sons.



## Presented by: Jade McDowall & Ella Grigg

Jade McDowall & Elia Grigg (College Psychologists) The St Bede's College Centre of Wellbeing team would like to invite you to an education evening on the teenage brain.

**Date:** Wednesday 17 August 2022

Venue: PAC Auditorium

**Time:** 6:00pm – Welcome – tea, coffee & light refreshments

6:30pm – 7:30pm – presentation and questions

## To register please RSVP

cow@stbedes.school.nz by Monday 15 August 2022

