

Wednesday 24th February 2021

Dear Parents or Caregivers,

Over term 1 Te Ngahere and Te Maunga will be teaching the school's sexuality education programme, "Navigating the journey Sexuality education. Te takahi i te ara: Whakaaoronga hokakatanga." The learning outcomes for this unit will enable the students to work towards the Achievement Objectives of Health and Physical Education in the New Zealand Curriculum. This unit of work will provide students with the knowledge, understanding, and skills to develop positive attitudes towards the changes that they will experience during puberty.



Through the key concepts of this unit, students will learn about:

- the physical, mental and emotional, social, and spiritual growth and development that occur and the new needs that arise during puberty;
- strategies to manage the changes they will experience;
- factors that influence their choices during puberty (including their families, their peers, the media, and religious and cultural beliefs);
- their own feelings and their rights and responsibilities;
- how to identify instances of discrimination and take positive action in such cases.

Te Ngahere and Te Maunga topics will include ...

*Respect for each other and people who are different from them.

*Friendships

*Puberty

*Body development and image

*Risks and issues that can arise online and when using social media.

Please feel free to pop into the Te Maunga Space Friday the 26th between 3 -3:45 to see curriculum objectives, chat about lessons or find out any additional information.

If you wish your son or daughter to be withdrawn from the class while a specific activity is being taught, please make this known in writing to the Principal by Monday 1st March.

Yours sincerely

Te Ngahere and Te Maunga team.