

Wellbeing for Learning

Research has shown a correlation between wellbeing, mental health, social and emotional skills and academic learning for students.^[1]

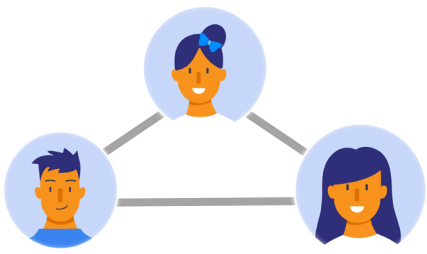
Pivot Professional Learning has collaborated with wellbeing, education and mental health experts to identify the key components of wellbeing and the impact these have on a student's ability to learn at school. From this research, Pivot has created a new tool to measure, track and support student wellbeing.



What the research says:



Primary school students can **lose up to 8 months of learning** over a 4 year span, due to lower wellbeing^[1]



Compared to 35 other countries, Australian students experience the **lowest sense of school belonging**^[2]



25% of secondary school students report being **regularly bullied** and can **lose up to 10 months of learning** if bullied for more than 2 years^[1]

Rising concerns during the pandemic



70.5% of principals reported **negative impacts on student mental health and wellbeing**^[3]

29% of parents said their **child's education was negatively impacted**^[4]

37% of parents said their children have become more **anxious and stressed**^[4]



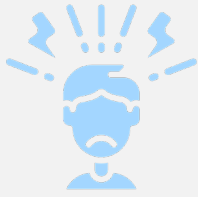
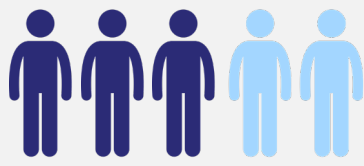
80% of students missed seeing their **friends** and **66%** missed seeing their **extended family**^[4]

Challenges students are facing

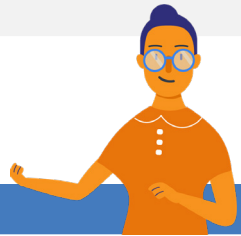


Kids Helpline **interventions** in Victoria **increased by 184%** between Dec 2020 - Mar 2021 in comparison to the previous year^[5]

3 in 5 students see navigating **loneliness and isolation** as very challenging^[6]



43% of students find **online bullying** very or extremely challenging^[6]



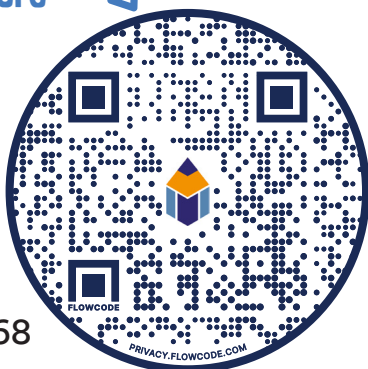
How we help schools tackle these challenges

Embrace Maslow's Hierarchy of Needs and Bloom's Taxonomy. Take a whole school approach that supports both wellbeing and academic outcomes.

TRY FOR FREE

Partner with Pivot and trial the beta release of the Wellbeing for Learning tool for **FREE** until 2022.

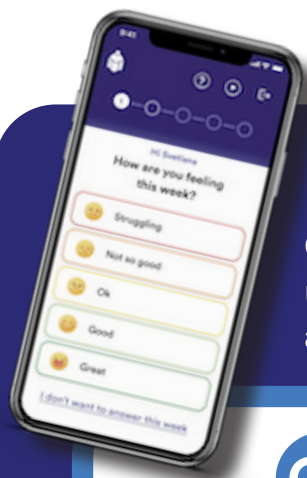
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+61 481 874 868
hello@pivotpl.com

The Wellbeing for Learning Tool

A tool designed by educators that provides immediate insights and support interventions to manage student wellbeing across your school.



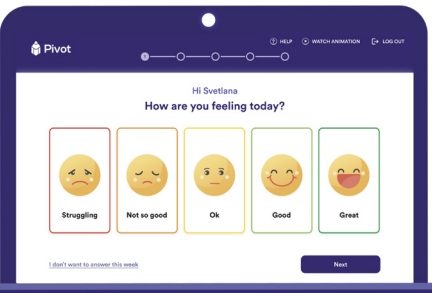
Measure

Check-in with students **once a week**, with **five simple questions** that will help you understand how student wellbeing is tracking at an **individual student level**, as well as **across the school**.

Q1

General wellbeing

Track how students are feeling each week.



Q2

Resilience

Resilient students can adopt a growth mindset, experience lower levels of stress and experience improved academic motivation.

Elements include;

- Self-advocacy
- Perseverance
- Growth mindset

Q3

Belonging

Belonging is positively associated with improved attendance and greater engagement which can lead to improved academic performance.

Elements include;

- Engagement
- Close friendships
- School identification

Check-in with students in just 1 minute a week



Track wellbeing in 5 week cycles. Questions 2-4 rotate over the 5 week cycle and cover the 5 elements of each wellbeing domain.

Q4

Safety

When students feel safe, they are better able to focus and concentrate on their learning and experience greater academic achievement.

Elements include;

- Physical safety
- Online safety
- Respect for diversity

Q5

Protective behaviours

Protective behaviours are different elements that commonly influence a person's sense of wellbeing.



Family



Friendships



Health



Hobbies



Schoolwork



Sleep

Track

Receive simple, real-time insights on student wellbeing, enabling teachers and leaders to identify themes and trends.

Gather valuable insights at every level with:

- Individual student profiles
- Year level trends
- Whole school insights



Support

Each component of the Wellbeing for Learning tool is supported by comprehensive, evidence-based resources, that provide school leaders and teachers with:

Implementation guides that support teachers and leaders in how to use the tool and introduce it to students



Scenarios related to each component of wellbeing to guide student understanding



Targeted resources that also include easy-to-implement strategies for each component of wellbeing



[1] GRATTAN INSTITUTE, 'Student mental health and wellbeing matters', <https://grattan.edu.au/news/mental-health-and-wellbeing-matters/>, [2] PROGRAMME FOR INTERNATIONAL STUDENT ASSESSMENT (PISA) AUSTRALIA 'PISA Australia in Focus Number 1: Sense of belonging at school', <https://research.acer.edu.au/ozpisa/30/>, [3] PIVOT PROFESSIONAL LEARNING, 'Principal perspectives on the impact of COVID-19: Pathways toward equity in Australian schools', https://docs.pivotpl.com/research/COVID-19/Pivot_Principal+Perspectives+on+the+Impact+of+COVID-19+Whitepaper_February+2021.pdf, [4] AUSTRALIAN CHILDHOOD FOUNDATION, 'A Lasting Legacy - The impact of COVID-19 on children and parents', https://www.childhood.org.au/app/uploads/2020/08/A_Lasting_Legacy_-_The_Impact_of_COVID19_on_Children_and_Parents_Final.pdf?utm_source=afc%20website&utm_medium=report&utm_campaign=a%20lasting%20legacy, [5] YOURTOWN, 'New Kids Helpline data reveals spike in duty of care interventions', <https://www.yourtown.com.au/media-centre/new-kids-helpline-data-reveals-spike-duty-care-interventions>, [6] McCrindle Research Pty Ltd, 'Future of Education 2021 report', <https://mccrindle.com.au/wp-content/uploads/reports/Education-Future-Report-2021.pdf>.