



PAPANUI TOCH ATHLETICS OPEN DAY

Come along to our Open Day on Sunday 8th October at 2pm at Papanui High School or our first Club Night on Tuesday 10th October at 5:30pm to register and get more information.

Athletics is a sport that teaches great basic physical skills for other sports, provides opportunities to develop social skills and the chance to make long lasting friendships.

We are a family friendly club with a range of coaching resources to cater for every level and ability. Club nights are held every Tuesday and offer a combination of coaching and competition. Children can also compete against athletes from other clubs on Saturdays at the purpose-built track at Nga Puna Wai.



8TH OCTOBER
2 PM – 4 PM
11TH OCTOBER
5.30PM – 7PM

**COME AND THROW
A SHOT PUT LIKE
TOM WALSH**

**TRY TO HIGH JUMP
LIKE HAMISH KERR**

**FANCY BEING A
SPRINT QUEEN LIKE
ZOE HOBBS**

**AT PAPANUI HIGH
SCHOOL
30 LANGDONS RD**

papanuitochathletics.org.nz

jcc@ptoch.org.nz

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