

Kavanagh Netball Strategy Consultation Summary

In November 2021, we held a consultation with the Kavanagh Netball community to identify a vision for Kavanagh Netball, and using the strengths we have, to develop a plan to achieve this vision. This included a consultation meeting on the 8 November and the school netball community were invited to feedback their ideas. We also consulted with the players and ex-players as well as other schools and Dunedin Netball.

The key themes /actions resulting from this consultation are listed below. *Note: there were lots of great ideas shared and we have noted these as part of the netball action plan going forward to help achieve the vision.*

Kavanagh Netball Strengths

We have a great netball community and the recent improvements such as the new netball uniform and involvement of student coaches (and mentoring) have been well-received (especially by the players). The A's teams are well looked after and many people enjoy the pre-season and fitness options for all players. All players are included and there is lots of fun being had.

Kavanagh Netball Three-Year Dream (vision)

Kavanagh College Netball is where everyone is valued equally and there are opportunities for all players. We are highly organised and all involved understand the expectations and consistently live our values to create a fun, competitive and inspiring culture. We aspire for excellence and want to compete for pride in our school and to reach our potential. Our players are committed, and our coaching is positive and strengths-based.

Kavanagh Netball Values

- **Respect**
 - All players are respectful and respected; players feel safe, encouraged and valued.
 - All involved with Kavanagh College Netball- players, coaches, managers, administrators, umpires and opponents - are supported and respected.
 - We act and speak positively and with integrity.
- **Commitment**
 - Players are always on time to attend all practices and games.
 - Players are positive and reliable in communication.
 - Players take responsibility for their fitness, rest and self-care so that they can be **their** best for their team.
- **Service**
 - We positively support and encourage other players and teams.
 - Players contribute through umpiring and coaching.
 - Help ensure all equipment and facilities are maintained in good condition

- **Pride**

- Everyone in our netball community represents our school with pride at every opportunity.
- Senior players are inspiring role models and support and encourage our younger players.
- Players are supported to enjoy their sport, improve their skills and achieve.
- Coaches, managers, administrators and umpires are focused on enabling positive experiences and development for all players.
- We wear our uniform and represent the school always with pride.

Specific actions for each area:

Year 7 & 8s

- New skills sessions are offered pre-season for all players to get ready.
- More 'fun' netball experiences rather than straight trials. Teams grouped in ability but an equal emphasis on valuing all players.
- Senior players supporting, encouraging and acting as inspiring role models (a new Code of Conduct will be established for Senior Players to include support for the juniors).
- All players are exposed consistently to all positions and have the opportunity to develop their skills equally across the court.
- Coaches to ensure that all players in each team have equal court time.

Year 9 & 10

- Combined skills training for Year 9 A and 10 A (and committed other players). Building an inspired and challenged junior squad to keep players involved and having fun.
- South Island Secondary School tournament – stay in the Year 9 & 10 grade. Two Year 9s bought in to attend the tournament.
- Keep players in Year groups (if the numbers allow) to keep depth in squads.
- Senior players supporting and encouraging and acting as inspiring role models (a new code of conduct will be established for Senior Players to include support for the juniors).
- Players are still regularly exposed to multiple positions but can start to refine into either Defence, Mid-court or Attack.
- Quality coaches for all teams.

Senior Social teams

- Well supported and part of the netball community.
- A uniform that works for all players.
- Fostering a love of netball that is positive and inclusive.
- Positive and strengths-based coaching.
- Can form your own teams but will be well supported by Kavanagh with gym time and skills sessions if desired.

Senior A & B squad

- Commitment to the team by all players (new Code of Conduct will be established and signed pre-trials).
- A Senior A and B squad is established and it supports all players to achieve their potential and create a culture of excellence.
- Senior Squad team values are established by the players. Players hold each other to account.
- Coaching is positive and focuses on player strengths. Players understand their goals and are supported to achieve them.
- Development to include options such as nutrition, physical conditioning, injury management /prevention, mental skills as well as support for managing load and time management.
- Team building to create a positive, inspiring and supportive culture. Older players are supportive and welcoming to new players, acting as mentors and role models.
- Coaches are open-minded for all players, the coach creates an environment of excellence, where expectations are known and all players have consistent opportunities for development.
- Senior A red uniform is reviewed and blue uniform is considered with players indicating they prefer this colour and for consistency and movement between teams.
- All senior players act as role models for juniors, watching games and showing leadership.

Coaching and Managing

- Coaches are supported, skilled and ideally have experience relative to the level they are coaching.
- Coaches all work together, communicating and supporting each other for the same purpose of building a positive and inspiring Kavanagh Netball community.
- Coaches, when asking a player to fill in for another team, will speak to their coach first, to gain insights and allow the coach to balance the load and team positions.
- Coaches and Managers are highly valued and respected by players and all in the netball community, recognising their volunteer time and commitment.
- Coaches have access to courses and support. Experts bought in for particular areas of skill if required.
- Coaching guidelines are outlined with respect to what is needed at each year level.
- All coaches and managers meet before the season to go over expectations and structure.
- Student coaches are paired with adult managers. Students are the lead coach and the adult is supporting in the background.
- Coaches encourage their team to support other Kavanagh teams at interchanges and tournaments. Creating pride in the school and a community of support.

Umpire Development

- Players must always respect the umpire's decision and recognise they are volunteers.
- Players (Years 7-13) are expected to have a whistle and bring it to all games and practices. All players are encouraged to umpire where possible (including practices).
- An umpire development opportunity is made available to all players at the beginning of the season.
- Players from Year 9-13 are required to umpire and the coach/manager puts together an umpire roster for the season.
- Adults associated with the team are encouraged to stay with their players (particularly for the first game) to support their umpiring.

Administration and Communication

- The Kavanagh College website will contain information on:
 - Preseason and trial information as well as Code of Conduct, guidelines, tournament and interchanges.
 - Information on courses and development opportunities and the netball calendar.
- In Years 7 -10, all players are to have all relevant information emailed to them and their caregiver. The coach or manager may set up a group on Messenger and include all caregivers. Please note: at this age group a representative from the school (Either teacher in charge of netball or sports coordinator must be included in any Messenger group). No individual messages are to be sent to a player.
- In Years 7-13 some information is to be emailed to the team from the school. However, the majority of information will come from the coach and manager who may find it easiest to set up a group on Messenger. (Please note that any information regarding funding, costs, travel or tournaments should be sent to the player as well as the adults via email).
- Parents, caregivers and supporters must positively support our players and teams, especially on the sidelines. All comments are positive and encouraging to help ensure players enjoy their experiences and keep playing netball.
- Every effort is to be made to share information and communicate at the earliest opportunity. Administration roles to be identified and key contacts communicated to the netball community.
- A representative for the school to be assigned to either Year 7 & 8, Year 9 & 10 or senior netball as a key contact.
- A clear system for gym bookings.
- Coach/manager packs will include school values, rotating positions (how this works at each year group), side-line behaviour, positive, strengths-based coaching, how to do umpire roster, managing injuries, player loading, how we



communicate at each year level, role description, complaints procedures, student coach pack (expectations and support).