



Parent Workshop

## Nurturing Emotional Regulation in Children through emotion coaching.

Presented by Marcus Finlay, Heather Robb and Aimee Hewson.

Facilitated by Mana Ake Kaimahi

When parents focus on helping their child learn about emotions, they build resilience, emotional intelligence and self-regulation.

This parenting workshop will provide an overview of how to develop these skills in your parenting journey.

Thursday 23rd May
Mt Pleasant School
6:30 - 7.30 pm
Register your attendance HERE