



**WASTED**  
*with Kate*

# FOOD LOVERS MASTER CLASS

*with Kate*

“At least one person from every household should attend one of Kate’s talks! Very inspiring and funny, with practical advice. I’ll absolutely be making lots of small changes in our home to reduce waste.”

## WELLINGTON

**TUESDAY 14TH NOVEMBER**

**Sustainability Trust, 2 Forresters Lane, Te Aro**

**6.00pm - 8.00pm**

**TICKETS**  
**\$ 17**

includes  
**\$ 60**  
**GOODIE**  
**BAG!**

### **Course highlights:**

- New Zealand’s top 10 wasted foods
- Storage tips and tricks
- ‘Life Hacks’ to save money and make your food go further

BOOK NOW AT:

 [www.katemeads.co.nz](http://www.katemeads.co.nz)  
 Kate 027 22 11 242



Supported by

**Absolutely Positively**  
**Wellington City Council**

Me Heke Ki Pōneke