

# Casual Contacts: Covid 19

All Nayland College students should now classify themselves as casual contacts.

## What you need to do

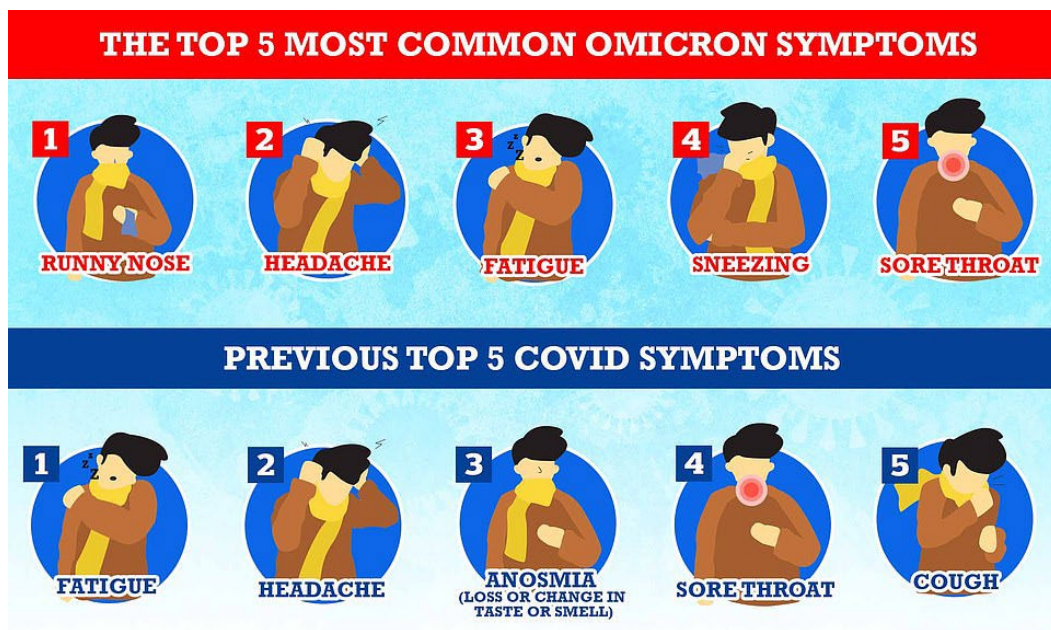
- You and your whānau should watch for symptoms
- If any develop, get tested immediately
- Then, stay at home until you receive the result
- If your whānau hasn't been vaccinated, please do so as soon as possible. You can book on-line at [bookmyvaccine.nz](https://bookmyvaccine.nz) or by calling 0800 28 29 26. It's free.

## What we're doing

- School will stay open
- We have appropriate public health measures and cleaning procedures in place

## Symptoms of COVID-19

- A new or worsening cough
- Sneezing and runny nose
- A fever
- Temporary loss of smell or altered sense of taste
- Sore throat
- Shortness of breath



Less common symptoms include diarrhoea, headache, muscle aches, nausea, vomiting, malaise, chest pain, abdominal pain, joint pain, or confusion/irritability.

For more information, go to <https://covid19.govt.nz/health-and-wellbeing/about-covid-19/covid-19-symptoms/>

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