

Order online by 9am  
for delivery Wed. Fri

# ezlunch MENU

Heaton Normal Intermediate School / Term 1 2020



359 Lincoln Rd  
Addington  
Christchurch 8024  
mob-0211004719

## 6 INCH SUBS

Chicken Strips 6 inch	\$6.75
Ham 6 inch	\$6.20
Meatball 6 inch	\$6.75
Roast Beef 6 inch	\$6.75
Tuna 6 inch	\$6.20
Salami 6 inch	\$6.20
Turkey 6 inch	\$6.75
Veggie Delite 6 inch	\$6.20

## FOOTLONG SUBS

Chicken Strips Footlong	\$10.35
Ham Footlong	\$9.70
Meatball Footlong	\$10.35
Salami Footlong	\$9.70
Roast Beef Footlong	\$10.35
Tuna Footlong	\$9.70
Turkey Footlong	\$10.35
Veggie Delite Footlong	\$9.55

## SALAD BOWLS

Chicken Strips Salad Bowl	\$8.85
Ham Salad Bowl	\$8.25
Roast Beef Salad Bowl	\$8.85
Salami Salad Bowl	\$8.25
Tuna Salad Bowl	\$8.25
Turkey Salad Bowl	\$8.85
Veggie Delite Salad Bowl	\$8.05

Order online... [www.ezlunch.co.nz](http://www.ezlunch.co.nz)

Easily order & pay for your ezlunch using your 'myKindo' family account. MyKindo is a payment portal for a variety of services at schools and organisations. Your myKindo account can be topped up by debit or credit card (fees apply), or by bank transfer, in advance or at the time of purchase. To get started, 'create account' or log in to your existing myKindo account and add a member or student. Go to [www.ezlunch.co.nz](http://www.ezlunch.co.nz).

Need help? Visit [support.mykindo.co.nz](http://support.mykindo.co.nz) or call toll free 0800 EZLUNCH (09-869 5200) 8am-4pm Mon-Fri (except public holidays)

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Unit 11  
35 Illinois Drive  
Rolleston  
03-420 6669

## SUSHI BOX

Teriyaki Chicken - 4 pce with 2 mini carrot rolls	\$7.20
Crunchy Chicken - 4 pce with 2 mini carrot rolls	\$7.20
Fresh Salmon (GF) - 4 pce with 2 mini carrot rolls	\$6.90
Tuna (GF) - 4 pce with 2 mini carrot rolls	\$7.20
Tuna Sushi Wand	\$4.20
Teriyaki Chicken Sushi Wand	\$4.20
Crunchy Chicken - 6 pce	\$8.60
Fresh Salmon (GF) - 6 pce	\$8.60
Tuna (GF) - 6 pce	\$8.60
Crunchy Chicken - 8 pce	\$9.90
Fresh Salmon (GF) - 8 pce	\$9.90
Tuna (GF) - 8 pce	\$9.90

## RICE BALLS

Teriyaki Chicken Rice Ball - Small	\$5.90
Teriyaki Chicken Rice Ball - Large	\$6.90
Crunchy Chicken Rice Ball - Small	\$5.90
Crunchy Chicken Rice Ball - Large	\$6.90
Tuna Rice Ball - Small	\$5.90
Tuna Rice Ball - Large	\$6.90

## ON RICE

Teriyaki Chicken on Rice - Small	\$6.90
Teriyaki Chicken on Rice - Large	\$9.90
Crunchy Chicken on Rice - Small	\$6.90
Crunchy Chicken on Rice - Large	\$9.90

## HOT FOOD

Fried Dumpling - Single	\$1.20
Chicken Stir Fry Noodles	\$7.30
Vege Stir Fry Noodles	\$7.30
Chicken Curry with Steamed Rice	\$7.30
Chicken Fried Rice	\$7.30
Vege Fried Rice	\$7.30
Sweet Sour Chicken with Steamed Rice	\$7.30

## EXTRAS

Gluten free soy sauce	\$0.50
Ginger	\$0.50
Soy sauce	\$0.50
Wasabi	\$0.50
Mayo	\$0.50
BBQ sauce	\$0.50

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