

Information for Early Childhood Centres & Primary Schools

Reopening international borders and low immunisation rates, has increased the chances of another measles outbreak. (Worldwide, reported measles cases increased by 79% in the first two months of 2022 compared to the same time last year.)

Measles is even more contagious than COVID and can be life-threatening, to those who have not been vaccinated. Diseases spread easily when a large number of children are spending time together, so you have an important role in protecting the health and wellbeing of the children in your care.

Information for Schools and Centres

Please ensure that:

- your **immunisation register** is kept up to date click [here](#) for more information about the guidelines and click [here](#) for an example of the register.
- Parents and caregivers keep their children home if they are sick from any illness (even with mild symptoms).

Information for parents and caregivers

Please remind your caregivers and whanau (in school newsletters) that:

- Measles is preventable if you are fully vaccinated. If you're not sure you have been vaccinated against measles, it's best to get immunised.
- It is free for anyone born after 1969 who has not had two MMR vaccinations or if you don't have any proof of vaccination. There are no safety concerns with having additional MMR doses.
- You can get your MMR vaccinations at participating pharmacies, your GP or family doctor, the Dunedin Immunisation Centre, Civic Theatre Immunisation Centre in Invercargill and participating Maori and Pacific Health Care Providers.

For a full list and more information please see: [Southern Measles](#)

For more information about measles and the MMR vaccination visit [here](#) (Ministry of Health), [here](#) (Health Navigator) [here](#) (KidsHealth – Paediatric Society of NZ and Starship Foundation) or [here](#) (The Immunisation Advisory Centre)

Please feel free to contact your Public Health Nurse if you would like more information at email publichealthnursing@southerndhb.govt.nz.

If you would like posters, brochures to display please email MMR@southerndhb.govt.nz.

Please use pg 2 for your newsletter / facebook page

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Te Kāwanatanga o Aotearoa
New Zealand Government

Information for parents, whānau and caregivers

Reopening international borders and low immunisation rates, has increased the chances of disease outbreaks including measles. (Worldwide, reported measles cases increased by 79% in the first two months of 2022 compared to the same time last year.) Measles only occurs in New Zealand when it is brought into the country.

Measles is even more contagious than COVID and can be life-threatening to those who have not been vaccinated. It is important to be able to quickly identify anyone who might be at risk during an outbreak.



- Measles is preventable if you are fully vaccinated. If you're not sure you have been vaccinated against measles, it's best to get immunised.
- It is free for anyone born after 1969 who has not had two MMR vaccinations or if you don't have any proof of vaccination. There are no safety concerns with having additional MMR doses.
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