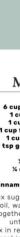
Waimate High School PTA SKOWK

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Muesli

6 cups rolled oat 1 cup All Bran 1 cup coconut cup fruit and nu honey
½ cup oil
¼ cup water
spices (cinnamon/nutmeg

Mix sugar, golden s oil, water and spir together in a sauce until dissolved Mix in rest of ingred Toast in moderate for 30 mins. Every 10 mins give good stir. Sue Bailey





WAIMATE HIGH SCHOOL

PTA COOKBOOK





Pumpkin and Bacon Soup

2 Sp butter Melt butter and cook onions, garlic 2 chopped onions and chopped bacon until soft but 2 cloves garlie - chopped and on the property of the cook of the chopped and on the cook of the cook





LIGHT LUNCHES, SALADS & SIDES

Whitehait Fritters Whitebait Fritters
Cheese Scones
Nana June's Zucchini Quiche
Baked Eggs & Feta in Ham
Ange's Cheese Rolls
Corn & Bacon Quiche
Studholme's Sorumpy Scroodles
Sausage Scrolls
Cauliflower Tart/Ple
Sandwich Fillings
Chamberlain's Corn Muffins
Easy Peasy Pasta Easy Peasy Pasta Mouse Traps Warm Chicken Salad etc

Cherry Tomatoes & Chilli Salad

Cherry Tomatoes & Chilli Salad
Damper
The Gee's Oat Bread
Broccoli, Bacon & Coconut Salad
Potato Salad w Lemony Creme
Fraiche
Veggie Bake
Potato Bake
Kumara Chips
Bacon & Corn Flan Bacon & Corn Flan Broccoli Salad Spicy Carrot Salad

4C Salad