

MIRAMAR NORTH SCHOOL
NEWSLETTER
March 2019



PRINCIPAL NEWS



Kia Ora te whānau, As-salāmu ('alaykum is -- a greeting in Arabic that means "Peace be upon you").

Thank you all for the amazing leadership you have shown in your families and the wider community in this difficult time. We are such a small country and the impact of what has happened has reached out to so many of us in a number of ways.

We would like to welcome the following children who have started at Miramar North School. Mackenzie and Archer in Room 9 and Emma, Althea, Dash and Holly in Room 10.

The Vigil

Children spend a huge part of their time at school, so it was important that we gave them a framework within which to share their thoughts, opinions, emotions and feelings. A calm, loving and expressive vigil, without too much detail, was a good place to start.

The children were so calm and well behaved during the vigil, many well aware of the tragedy which unfolded over the weekend; children read stories and poems; some older children cried during the vigil but knew it was ok to do so, their teachers quickly calmed them and they returned to the vigil. The boys suggested the Haka to conclude the vigil, and they did it in style. During the day children talked openly with their teachers and friends and this is likely to continue for the next week or so. They need their routine to begin processing such a traumatic event. Teachers have built in a lot of talk time in the days ahead.

Feedback from the parents at the Vigil was very positive. Parents appreciated the delicateness of the message being communicated to the children. They were happy their children were in a lovely, caring environment. They appreciated the opportunity to pay their respects in a familiar setting. Many stayed behind to share a cuppa. All of us just trying to come to terms with the enormity of the weekend and for moving forward. We too draw strength from our community.

At the Home and School Picnic this Sunday at 3pm, there will be a chance to once again pay our respects. Dave George, our green plan person, would like to plant 50 trees. Some of these will be planted by classes and some at the school picnic. Dave will have a few spades for anybody who wants to be involved.

I thank Sarah Macintosh and the staff for putting the vigil together so quickly. We loved the children's poems and singing.

In terms of moving forward: The staff and I have talked about how to adjust our programs to ensure we rebuild confidence and resilience for those who need it. We also discussed how and what to give to people who have suffered. Sending class made Diversity Dolls is a good start. The Home and School picnic this Sunday at 3pm will give us another chance to talk and mull over ideas.

On a safety note, we all agreed that we needed to refresh our Lockdown drill however we'll wait a while before doing this. Lots to work on.



Mobile Devices at School

Children don't typically bring personal iPads or similar devices to school; they only use devices owned by the school and linked to our managed network. We use the Ministry's Network for Learning (N4L). This is a Crown Company that connects 98% of New Zealand schools to internet services, through our safe and secure Managed Network <https://www.n4l.co.nz/>

Possession of mobile phones is limited to just a few children in years 5 & 6. However, there is a shared understanding that upon arriving at school, children give teachers their phone and then collect it as they exit school at 3pm.

From next year, the ICT Responsible Users Agreement will be updated to include a new category for mobile devices. This will ensure our processes and expectations are clear to all who read it and so that the process is further formalised. Thanks for parent input regarding the addition of mobile devices to our Agreement -- great spotting!

Welcoming Principals and Senior Leaders of the Eastern Kahui Ako

On the 2nd of April MNS welcomes the principals, senior leaders and Ministry of Education of the East Kahui Ako (13 schools which belong to the Community of Learners). Principals and senior teams visit each other's schools to learn from each other and to work on our Achievement Challenge Targets. The principals will then visit all the classes which of course is the most exciting thing for them! Can't wait to show off our school!

Prospective candidates for Board of Trustees- Information Sharing

We invite you to come along to our next board meeting on Thursday 4th April at 6:30pm. We have put aside time to share information about being a board member.

Although the board does important work, we also have fun at our meetings and build lifelong friendships and connections. We would love Māori representation to give the board a wider bicultural perspective and indeed we welcome people from all walks of life. Ongoing training onsite is a valuable aspect of understanding the board's role.

Feel free to contact Nicola Pauling nicola@pauling.net.nz to talk through the role or to let her know you'd like to come to the board meeting.

In the meantime, I am very happy and excited to share information with any prospective candidates. joycea@mns.school.nz

More information at <https://www.trustee-election.co.nz/becoming-a-trustee/>

Measles information for Regional Public Health

As you are likely aware, there is an outbreak of measles in Christchurch. Auckland and Dunedin now also have measles cases.

While there are currently no reported cases in the greater Wellington region, people will move around NZ during the school holiday period of 13 – 28 April, which includes Easter (19 April – 22 April), and ANZAC Day (25 April), and it is likely measles will spread. Please make sure that your vaccinations are up to date.

More Information is available on:

- Regional Public Health – www.rph.org.nz
- Ministry of Health – www.health.govt.nz
- Immunisation Advisory Centre – www.immune.org.nz

From our MNS Garden



Nga mihi
Joyce

FROM THE OFFICE

2019 TERM DATES:

Term 1: 4th February till 14th April

Term 2: 29th April till 5th July (Queen's Birthday Public Holiday on 3rd June)

Term 3: 22nd July till 27th September

Term 4: 14th October till TBC

School Hat



It is compulsory to wear a hat outside in Term 1 and Term 4. We have some wide brimmed hats for sale in the school office for \$12.00 payable by cash or on Kindo.

Pizza Day



A notice came home with your child to buy a slice of pizza for \$1.50 on Tuesday 26th March. More notices available from the office if required. Orders must be in by Friday 22nd March.

PAYABLE ON KINDO:

Under Fees and Donations you can pay the following:

- School Donation - \$235.00
- Pool Fee - \$35.00
- Athletics - \$20.00
- Junior Stationery - \$25.00 (Year 1 and 2 only)
- New Entrant Book Bag - \$24.00

All others are listed on your home page:

- School Hat - \$12.00
- Recorder - \$16.00 (Kowhai Syndicate only)
- Handwriting Book 1 \$3.50 (Year 1 only)
- Handwriting Book 2 \$3.50 (Year 2 only)
- Spellwrite - \$8.00 (Year 2, 3 and 4 only)
- Whiteboard - \$5.00 (Kowhai and Pohutukawa Syndicate only)
- Sports T- Shirt - \$28.50

School Lunches



A reminder that we offer Subway and Sushi as lunch order options.

Subway is on Wednesdays and is cash only, an order envelope needs to be filled out and put in the subway box in your child's class. It must be ordered by 9am on the day.

Sushi is on Thursdays and is available through Kindo only. It must be ordered before 9am on the day.

ENTERTAINMENT BOOKS:



We are selling Entertainment Books again this year. They are still only \$65 and full of special deals, 2-for-1 offers and up to 50% off on activities, dining, shopping, travel and leisure. MNS gets \$13 towards fundraising for every book sold.



FOUND ROLLER BLADES:

I have had some roller blades handed into the office, if anyone has lost any please pop in and see me or call 388 6657.

Belinda Campbell
Office Manager
reception@mns.school.nz
04 388 6657

FROM THE COMMUNITY



SPCA Wellington Centre Open Day

We are super excited to announce that our Open Day is back again! And this year it also coincides with our building - the Wellington Fever Hospital's - 100th birthday!

We want you to join us at our Wellington Centre to celebrate on March 16th, where you will get a sneak peek into the life at SPCA's Wellington Centre!

As well as having the opportunity to see animals and go behind the scenes at SPCA, visitors will get to enjoy food trucks on site, as well as performances from Taikoza Wellington, the Wellington Ukelele Peace Network, and dance students from Te Auaha.

Saturday 16th March, 10am – 3pm.
SPCA's Wellington Centre, 140 Alexandra Road, Newtown.
Gold coin entry.

Kōtuku and the Moon Child
a story of loss, longing and unlikely friendships
Family Puppet and Mask Theatre

The poster features a large, smiling moon puppet on the left and a white egret puppet flying across a blue sky on the right. A hand is visible at the bottom, reaching towards the moon.

creative.nz
Birdlife Productions

Saturday 16 March 11am, 2pm and 4.30pm 50 mins
Space Place Carter Observatory, 40 Salamanca Place, Wellington
Tickets \$8 from www.fringe.co.nz For more info txt/ph 0274477846
Suitable for Ages 5 to 95! www.birdlifeproductions.co.nz



Miramar Rangers AFC 2019 Football Season

Miramar Rangers has a proud and rich football history of 112 years in the Eastern Suburbs. Are you interested in playing junior football this coming season? Registrations are now open for all age grades and close 28th February 2019.

We cater for boys and girls of all abilities in the following junior age groups:

- First Kicks 4-6 year olds – those born 2013-2015
- Junior 7th-14th Grades – those born 2012-2005
- Girls Only Sunday Leagues 7th-14th Grades

Trials for our competitive teams in the 9th-14th grades are due to take place from 4th March, so please make registering a priority.

To register please use the following link - <http://miramarrangers.co.nz/registration-1/>

For further information and details on how to register please either see our website www.miramarrangers.co.nz/juniors or contact our administrator Rosie Telford – miramarrangersafc@gmail.com

KIDS COMMUNITY HUB
112 Waipapa Road, Hataitai, Wellington
Contact details:
Kaye Rodriguez
0212565085
Jacine Palatchie
0220459936

**Kids Community Hub
AFTER SCHOOL CARE**

ACCEPTING ENROLLMENTS NOW!

 After school care programme Planned activities Indoor & outdoor play Supervision of homework tasks Healthy afternoon snacks	 Community based Offers working parents/caregivers a convenient and safe alternative for their children after school childcare pick up.	 Qualified staff Run and operated by experienced & qualified owners.
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Kids Hub Wellington Limited
112 WAIPAPA ROAD, HATAITAI, WELLINGTON, NEW ZEALAND
CONTACT NUMBERS: 0212565085/0220459936 | EMAIL ADDRESS: KIDSHUBWELLINGTON@GMAIL.COM

Register Now!

JUNIORS MARIST ST PATS RUGBY



MSP Junior Rugby has built one of Wellington's proudest and most successful sports clubs.

The club is about children enjoying their sport and developing their skills in a fun, safe and family oriented environment. Come and check out our vibrant club culture with a strong family atmosphere offering:

- **Little Rippas (age 2-4):** a fun grade for the smaller ones
- **Rippa Rugby (U6, U7 and new U8/9 grade):** non-tackle rugby
- **Tackle Rugby (U8 to 13):** tackle rugby for kids aged 8 to 13

Register online at <https://www.sporty.co.nz/msprugbyjnr/2019-Registration-Form> or come to one of our registration days at the MSP indoor gym:

- Sunday 10th March – 12 to 2pm
- Wednesday 20th March – 5pm to 6:30pm
(Canes in Club night – meet some Hurricanes!)
- Sunday 7th April – 11am to 2pm
(MSP Junior Club Carnival featuring games, bouncy castle, [lolly scramble](#), BBQ and more!)

Enquiries to: mspjuniorrugby@gmail.com and  Like us at [mspjuniorgby](https://www.facebook.com/mspjuniorgby) to keep up to date!

Speech and Drama lessons: All ages, group and individual lessons in drama, public speaking and general speech quality.

Trinity College London exam tutoring and competition entry available on request.
Email eminardsblack@gmail.com for more information.

The link to the new MARCH ISSUE digital magazine is available here issue1902w.totstoteens.co.nz/

Thank you all for your lovely feedback, it is super exciting to know Kiwi schools and parents loved our new digital version of Tots to Teens, so we're delighted to send you the link to our next issue!

In case you don't know us, Tots to Teens magazine is a free community parenting resource for Kiwi families. We focus on positive, well-researched parenting advice to support children's reading, learning, behaviour, nutrition, health, well-being, and resilience. We have distributed 550,000 free magazines nationwide each year to families through schools, preschools, libraries, and Plunket for over 16 years.

"2019 NZ Sport Stacking Open Championships

The 2019 NZ Sport Stacking Open Championships are being held at Northland Memorial Community Centre, 5 Woburn Rd, Northland, Wellington, on Sunday 02 June 2019 (Queen's Birthday Weekend). This competition is open to everyone, with our Novice section enabling those new to the sport to compete alongside seasoned stackers, facing the same thrill of a competition whilst striving for goals and records amongst those of equal experience.

The NZ Sport Stacking Open Championships double as trials for the [NZ Black Stacks](#). Any stacker wishing to be considered for selection for the 2020 NZ Black Stacks team, representing New Zealand overseas, will need to attend this tournament. Registrations can be done online. All details are on the Speed Stacks (NZ) website Tournaments page: www.speedstacks.co.nz/pages/wellington-1

Registrations close on Monday 27 May.



Feel free to check out the [Facebook page](#) or [website here](#) for registration.
REGISTER HERE: www.funrun.plunket.org.nz

PRIDE LANDS FUN HOLIDAY ADVENTURES

AUTUMN HOLIDAYS AT BROOKLYN – 2 BELL ROAD

15th – 26st April 2019 from 7.00am-7pm daily. Interactive Activities and NO TV or Video Games, Kai Cubs Cooking and Life Skills Programme creating healthy Breakfast, Lunch and Afternoon Teas. One-on-one care and shuttle services available. Daily \$81/cub per session or \$148 for two or more siblings per session ; Weekly: \$240 per cub/week or \$450 for two or more siblings/week . WINZ subsidies are available for eligible families.

Kumon mathematics and English:

At Kumon students begin study at a level that allows them to build confidence from day one. Students progress through the programmes based on their ability rather than their age. Over time, students can study advanced material confidently and independently for success in school and very day life.

Kumon Maths and English develops:

- calculation ability and reading ability
- concentration
- a daily study habit
- confidence to learn independently.

Contact Kumon Kilbirnie Education Centre at [021 2549759](tel:0212549759)/ [04 4781230](tel:044781230) to find out more.

WELLINGTON HOCKEY PRE-SEASON YEAR 5 & 6 DEVELOPMENT & FESTIVAL DAY – All Welcome, Beginners to more experienced players

WHEN: Sunday 31 March

WHERE: National Hockey Stadium, Mount Albert Road, Newtown

TIME: 12-4pm

EXPECT: Quality Coaching, Fun Hockey Games, Competitions & Prizes

REGISTER: Head to www.wellingtonhockey.org.nz and click "HAVE A GO" under the "DEVELOPMENT" tab

CONTACT: Jenni Cronin, Development Manager, Capital Hockey, jenni@capitalhockey.org.nz, 021209848

A Marsden education for your daughter in Year 7, 2020

Open Morning, Scholarship and enrolment information

You are invited to the [Samuel Marsden Collegiate School](#) Karori Open Morning on Wednesday 20 March, any time between 8.48am and 12pm. The Principal's address is 9am-9.15am. This is a great opportunity to see the Marsden campus, to explore the benefits of an all-girls education and to find out about Marsden's Visible Wellbeing™ approach and future-focused learning programmes. There will be staff and students to talk to and the girls look forward to showing you around. For more information and to register visit marsden.school.nz/experience

Scholarships - Marsden School Year 7 Academic Scholarships for entry in 2020 are open, applications close 16 May. You can find more [information and apply online](#).

Enrolments - Marsden applications for [enrolment in 2020 are now open](#).

If you have any questions or would like a personal tour please call Marsden's Enrolment Registrar Sonia Stinson 04 476 8707.




WELLINGTON STORM FLOORBALL CLUB

U9 and U11 Trainings are on Friday's 6.30pm – 7.30pm

U13 and U15 Trainings are on Tuesday's 7.00pm – 8.00pm

All Training sessions are held at the ASB Sports Centre in Kilbirnie and all equipment is provided for those players who do not have their own.


<http://www.wellingtonfloorball.org.nz>



AFTER PRESCHOOL/SCHOOL AND 'ON THE GO' SNACKS

Children are often hungry at pick up time. Here are some tips to get them through the afternoon....

- ♥ Firstly, have they finished what's in their lunchbox?
- ♥ Offer a drink of water. Sometimes it's thirst rather than hunger.
- ♥ A piece of fruit or a carrot, a piece of cheese, a handful of nuts or some plain popcorn will reduce the hunger at pick up time - no need to stop at the dairy!
- ♥ Once home, toast with peanut butter might hit the spot or offer some wholegrain crackers with cheese or cottage cheese, a cold glass of milk, a pottle of yoghurt or a fruit smoothie.



For more information, visit www.heartfoundation.org.nz



Reduce food waste

The average New Zealand family throws away around \$560 worth of uneaten food every year*. Here are some simple ideas to reduce food waste in your home.

- **Plan** your meals and make a shopping list.
- **Rotate** items when unpacking your groceries, older in front and newer products behind.
- **Store** bread and meat in the freezer to extend their life.
- **Keep** food fresh and safe by storing in the fridge below 5°C so food lasts longer.
- **Use** leftover cooked vegetables in a frittata or soup or take as your lunch.
- **Use** brown bananas in baking or freeze for smoothies. Wilted vegetables are great in soups.
- **Save** leftover fruit from your child's lunchbox and give it to them for afternoon tea.

* sourced from www.lovefoodhatewaste.co.nz



For more recipes and ideas visit www.fuelled4life.org.nz

Let's create a Miramar Peninsula Community Market!

Join for a cup of tea and brainstorm to create a local market. Would you like to have a stall, do a performance, contribute ideas or help organise? If you have **any interest** (big or small) then please come along. Wednesday 27th March at 7.30pm at the Miramar & Maupuia Community Centre 27 Chelsea St. Please contact saskia@mmcc.org.nz or call 04 388 1944 for queries.



I am the Audience Coordinator for the children’s TV programme ‘What Now’ (8-10am Sunday on TVNZ 2).

During 2019 we are broadcasting our first 10 shows from around Wellington, showcasing a different community each week. On **Sunday 28th April** our show will be coming live from Miramar and I would like to invite your families to be part of the live audience!

Families (including adults) are all invited to come and experience live TV being made while being part of our awesome audience...& **it’s FREE!!** As space is limited, we work on a ‘first in best dressed’ approach.

Register online to be part of the audience www.whatnow.tv/bonus/audience

April Holiday Programme - Musical fun for ages 6 to 16.

Week One dates:

Monday 15th to Wednesday 17th April

Week Two dates:

Tuesday 23rd to Wednesday 24th and Friday 26th April

Book at: www.therockacademy.co.nz/contact/

Or email: geoff@therockacademy.co.nz



**OPPORTUNITY FOR STUDENTS TO
EXPERIENCE A NEW CULTURE AT HOME,
IMPROVE THEIR LANGUAGE STUDIES, MAKE NEW FRIENDS,
REDISCOVER AND SHARE THE BEAUTY OF NEW ZEALAND**

In April, May, June and July we will be receiving exchange students from France, Denmark, Finland and Germany. Our new arrivals will live with a host family and attend a local school for 3, 5 or 10 months. As we plan for their arrival, we are keen to hear from suitable families who might be interested to host a student.

Host families come in all shapes and sizes, backgrounds and ages. To this end, we would be grateful if you would place a notice in your newsletter or mention it on your website. You can download the newsletter notice here in [pdf](#) format or as an [image](#).

Hosting an exchange student can be a truly rewarding experience. It allows a family to experience a foreign culture first hand, be exposed to a new language and pass on a bit of our own culture. They might even make a friend for life!

All students have at least basic levels of English, would attend a school in your local area and live the life of a local. Below is a sample of students who will be arriving.



Anna is a 16 year old student from Denmark. She tells us she is looking forward to experiencing a different culture, meet new people and see how they live while in New Zealand. Anna describes herself as quiet at first, happy and adventurous. In her spare time, Anna enjoys skiing, playing games, sleeping out in nature and hanging with her friends. At home, she helps with the grocery shopping, vacuuming and cleaning the house.



15 year old student Lene is a student from Germany who is also learning Spanish. Her main hobby is hockey which she plays once a week and also teaches younger children to play. Lene is looking forward to learning more about the culture, people and language while in New Zealand. She also hopes to speak fluent English by the end of her exchange. Lene describes herself as curious, social, responsible, adaptable and willing to help out when needed. She helps at home by cleaning her room, doing the dishes and hanging out the washing.



16 year old student Aino from Finland also speaks Swedish. Her hobbies are hiking, scouting, snowboarding, climbing and jogging. Aino describes herself as a happy and helpful person. She is very active and is looking forward to joining in some new activities with her host family and improving her English while in New Zealand. She helps look after the family dog and general cleaning around the home.

You can view more [profiles](#) of students arriving soon from our website. Please note that this is just a handful of the students who will be arriving. If families would like a selection of student profiles sent to them to review and decide which student may fit into their family best, please contact us or reply to this email.

Check out what some of our families who have hosted have to say about their experience by clicking here: [host family testimonials](#).

Student Exchange Australia New Zealand is a not-for-profit organisation that is registered with the Ministry of Education in NZ and all state and territory Departments of Education around Australia. We were the first secondary exchange organisation in the world to be certified to ISO 9001 (Quality Management System) and we ensure the highest standards of care and support to our participants. You can find out more about our organisation by visiting www.studentexchange.org.nz.

If you have any questions about hosting an exchange student or would like to view profiles of students arriving from other countries, they can respond to this email, call our office on 0800 440 079 or visit our [website](#). Our staff members will be happy to discuss which student might be best suited to their family. No obligation.

Artrageous Kids Programme: 15 – 26 April 2019 [BOOK ARTRAGEOUS APRIL](#)

Venue: Poneke Dojo, Prince of Wales Park, Salisbury Tce, Mt Cook, Wellington

8.30am–3:00pm \$69 and after care 3:00pm–5.15pm \$15

Aimed at children aged 5–12 years. Our classes provide a space for all children to explore at their own pace; chaotic or careful, gingerly or with gusto, tiptoeing or tromping. Our aim is to draw out their creativity, not stuff things in! **Bookings essential.**

» [View the programme.](#) [BOOK NOW!](#)

<http://artrageouskids.co.nz/aboutus.html>

In the April 2019 Holidays, Newtown Movie School are again offering popular movie making and animation holiday programmes..

Stop Motion Animation - Popular movie making creativity with LEGO and colour paper

Monday 15 to Wednesday 17 April 2019 in Newtown.

For more information go to www.newtownmovieschool.co.nz
or contact Craig Lauridsen 021 966 277 or nms@acumen.net.nz

CodeCamp - Summer Holidays

Dates & Venues:

Samuel Marsden School: 15th-18th, 23rd-26th (exc ANZAC Day) April 2019

Thorndon Primary School: 15th-18th April 2019

Lower Hutt - Chilton: 15th-18th April 2019

CodeCamp allows kids from the ages of 7-12 to develop 21st century skills in a fun and action packed environment. Develop confidence & initiative through design, creativity, solving problems & collaboration. Create games, apps & work with robots and electronic building blocks.

Book Now at <http://codecamp.co.nz/holiday-codecamp/>

Secure your spot in Wellington Phoenix's April holiday programme!

This is an opportunity to play your favourite game all day, develop your skills, make new friends and rub shoulders with members of the Wellington Phoenix Academy.

Suitable for ages 7-12 and all abilities.

Wellington College

Monday 15 – Tuesday 16 April – Wellington College Artificial, 9am- 3pm

What's Included:

- Coaching from Members of Wellington Phoenix's Academy
- Wellington Phoenix holiday programme t-shirt
- Size 4 training ball
- 1 adult and 1 child ticket to Wellington Phoenix vs Melbourne City, Sunday 21 April
- Wellington Phoenix cap

Participation Requirements:

- Appropriate football attire (boots, shin pads)
- Packed lunch and snacks
- Warm clothes and rain jacket (in case of cold weather)
- Positive attitude

For more information, including pricing and the link to register, visit wellingtonphoenix.com/holiday-programmes-1