

## About GRG

Grandparents Raising Grandchildren Trust NZ (GRG) supports grandparent and whānau care families raising their grandchild or another member of their whānau's child.

Our vision is to enable these families to achieve positive life outcomes for the children and youth in their care.

We do this through our support services that:

- Promote the wellbeing and best interests of children;
- Help reduce stress and develop stability in the family;
- Provide carer education and information to help carers feel empowered and confident in their roles;
- Encourages community agencies to work together to provide better support for families;
- Raises awareness and leads to positive changes in law, policy and child welfare practice to better meet the needs of families.

Te tautoko i nga tupuna, mokopuna me te whānau. Te awhina ia ratou ki te whakatutuki i nga putanga pai i roto i to raatau ora

**Supporting grandparents, grandchildren and whānau to achieve positive outcomes in their lives**



**Grandparents Raising Grandchildren Trust NZ**

Charities Commission Registration CC20205

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## Our Values



- ♥ Family is everything
- ♥ Children are our taonga
- ♥ Knowledge is strength

**GRG Helpline** Mon-Fri 9am-2pm

**0800 GRANDS | 0800 472 637**

**If you are a grandparent raising grandchildren, you are not alone. We can help you.**

**0800 GRANDS | 0800 472 637**

**[www.grg.org.nz](http://www.grg.org.nz)**

Grandparents Raising Grandchildren Trust NZ  
Empowering and supporting grandparent and whānau kin caregivers in New Zealand

## Grandparent | Whānau Care in NZ

Many grandparents and whānau carers take on the full-time care of their grandchildren (or tamariki from within their wider whānau), because of a sudden or unexpected family breakdown.

There may be substance abuse, a physical or mental illness involved, or the death or imprisonment of a parent. It is common in these cases that the children have also experienced trauma and/or neglect.

When children go into grandparent or whānau care in these circumstances it results in a significant change in lifestyle and plans for the future with a lot of stress and uncertainty for the carers and the children.

Feelings of loss, grief, anger and anxiety are often experienced by carers and children. Raising someone else's child also involves additional financial costs and stress.

If you are in this situation it is important to seek help and support as soon as you can.

Since 1999, GRG has been supporting grandparent and whānau care families nationwide.

We know from experience what challenges and issues you are likely to be experiencing and we can help you.

Our services are focused on supporting you on each stage of your carer journey which we call the **6R's Roadmap to Empowerment**.

## How GRG Can Help You

**First Response** - Providing you with the support and advocacy you need when you first become a member or need help with a problem.

**Rights and Responsibilities** - Helping you to understand your legal situation and options as a full-time carer.

**Relating** - Supporting and guiding your understanding of your grandchildren's needs and the world they live in, which is different to how you remember it was at their age.

**Rebuilding** - As your lives which have changed so much, we help you with strategies to rebuild and stabilise your family's wellbeing.

**Resolution** - Supporting you and the children to live a life beyond trauma, learning to adapt to the consequences of what has happened.

**Resilience** - Preparing you for the life stages ahead and empowering you to feel equipped to handle the future and any challenges that come with it.

For more on the information and support available via our **6 Rs Grandparents Roadmap** please go to our website at [www.grg.org.nz](http://www.grg.org.nz)

## GRG Advocacy & Services

GRG services are all available **free of charge** to full-time grandparent and whānau carers who become members of GRG.

Join up via our website at [www.grg.org.nz](http://www.grg.org.nz) or by calling 0800 GRANDS (0800 472 637) or 09 418 3753.

Membership entitles you to free:

♥ **Support** - including our **0800 GRANDS** helpline, clothing and care packages (when available), guidance, advice and agency referrals.

♥ **Income Support Advice & Advocacy** providing independent advice and advocacy on income support issues related to Work & Income, ACC, IRD and Oranga Tamariki.

♥ **Community Outreach & Advocacy** for members needing assistance with issues relating to Oranga Tamariki, Education, Special Needs, Family Court, Mental Health and other community support needs for the children and family.

♥ **Caregiver Education Programmes and Workshops** on the issues affecting carers and children.

♥ **Support Groups** providing a nationwide network of grass-roots local member support.

♥ **Key Information Resources** through our monthly newsletters (email and postal), caregiver handbooks and our website.

