

## **CANTERBURY DUATHLON CHAMPIONSHIPS 2018**

The Canterbury Intermediate School's Duathlon is coming up on Monday 26 March at Ruapuna Park raceway.

Just some basic information about the day below:

Students will assemble at the Sunningvale Lane (back) entrance to the school by 8.00am so that bikes can be secured onto vehicles and we can depart with sufficient time to get to Ruapuna Park well before the reporting time. Transport will be organised once the confirmations forms are filled out.

Students are asked to assemble by 8.45am at Ruapuna Park, to report in with Mr Gibson by 9.00am. Search for the Cobham Flag! There will be a race briefing at 9.15 am with the first race beginning shortly after.

The Duathlon consists of a 2km run, 9km cycle followed by a further 1km run for 11 and 12 year olds. For 10 year olds the Duathlon will be 2km run, 6km cycle followed by a further 1km run. A full description of the course, maps and other details are available from the Primary Sports Canterbury website <a href="www.primarysportscanterbury.org.nz">www.primarysportscanterbury.org.nz</a> Please read over this information carefully so that you understand the course and race rules.

We are in need of parents who would like to volunteered to transport students to and from.

Bicycles once placed in transition will not be able to be removed until the final race has been completed. This is anticipated to be approximately 1.00pm.

Please ensure that you are prepared for a long wait and have warm clothing, food and drink to last the entire day and something to entertain you i.e. music, book etc.

We are required to provide adult helpers to assist for official duties, We are also required to provide marshals to the event so please indicate on the form if you are able to. Parents acting as officials must remain in their allocated marshal position throughout the entire duration of the Duathlon and must also assist with course set up before 7:30am.

For more information please contact me via e-mail at sports@cobham.school.nz

Regards Andy Gibson Sports Coordinator

Canterbury Duathlon			
Year 7's			
Boon	Nekka	Female	Year 7
Boswell	Sam	Male	Year 7
Carver	Monty	Male	Year 7
Chamberlain	Niamh	Female	Year 7
Burrowes	Jake	Male	Year 7
Hollander	Tallulah-Rose	Female	Year 7
Keith	Jack	Male	Year 7
MacAskill	Joanna	Female	Year 7
Morgan	Stacey	Female	Year 7
Steer	Roman	Male	Year 7
Suzuki	Ray	Male	Year 7
Ubukata Sekman	Ody	Male	Year 7
Year 8's			
Baker	Pippa	Female	Year 8
Belingher	Edy	Male	Year 8
Bone	Benjamin	Male	Year 8
Caseley	Harriet	Female	Year 8
Corkery	Mitchell	Male	Year 8
Foord	Matt	Male	Year 8
Hickling	Luke	Male	Year 8
McCabe	Jack	Male	Year 8
McIntyre	Alex	Male	Year 8
Moller	Freya	Female	Year 8
Mortlock	Lottie	Female	Year 8
Petrie	Sue	Female	Year 8