

Amazing facts!

Malaysia boasts a huge biodiversity including mountains, rainforest, mangroves and beaches and many endemic species including the proboscis monkey and orangutan in Borneo.

Many believe that the jungle of Kenong Rimba and Taman Negara is older than the Amazon!

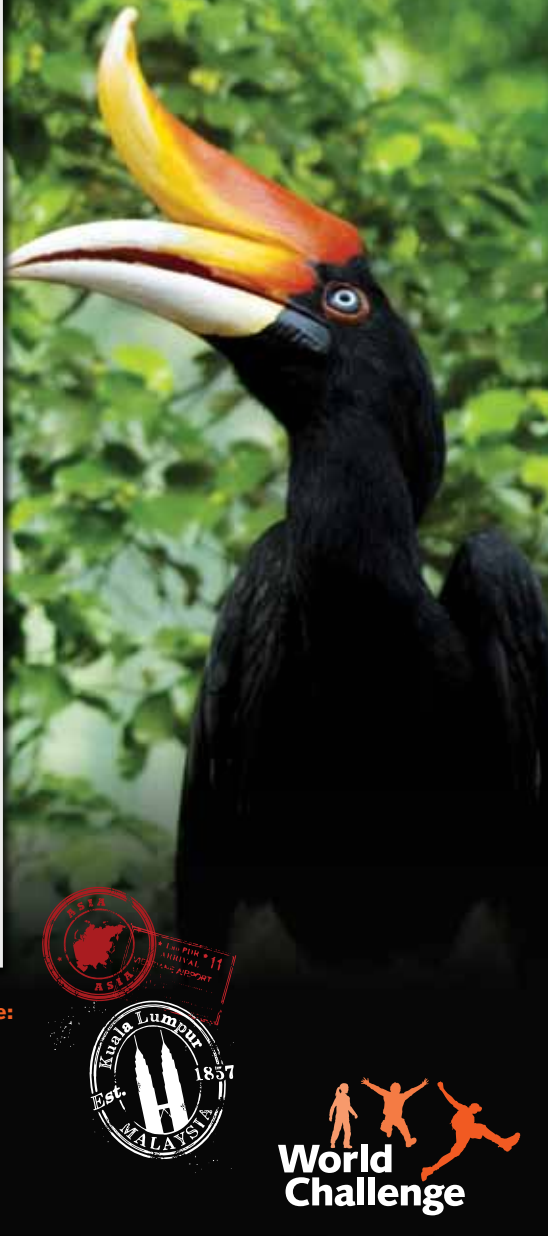
Malaysia has its own indigenous people, the Orang Asli, the majority of whom spend their entire lives in the jungle.



Things to know...

The local jungle guides have a wealth of knowledge. Ask them to show you some of their jungle skills.

When trekking through the jungle 'Do as the locals do'.



Any questions? Contact us to find out more:
World Challenge

24 Exmouth St, Eden Terrace, Auckland 1021
Ph: 0800 456 134

www.worldchallenge.co.nz

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Borneo & Malaysia

Discover two of South East Asia's most spectacular destinations; Peninsular Malaysia and the island of Malaysian Borneo. Experience the excitement of trekking through the jungle, participate in some brilliant community or conservation based projects, visit the orangutans in Borneo or the magical Perhentian Islands or Palau Pangkor in Malaysia. Wherever you are you will experience the unique and diverse Malaysian culture and receive a very warm welcome!

Our favourite bits

Visit the spectacular Batu Caves outside of Kuala Lumpur or experience the stunning views from the viewing platform between the Petronas Towers.

Visit the orangutan rehabilitation centre at Semenggoh.

Cook over an open fire whilst trekking in the jungle.

Spend the Rest and Relaxation phase on the beautiful beaches of the Perhentian Islands.

Live alongside the local community in a homestay whilst on your project.

Sample the delicious local food at one of the lively and colourful night markets.

Learn jungle survival skills from your guides.



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Borneo & Malaysia

the destination



Expedition at a glance...

How tough 1-5 (5 being most difficult): 3-4.

Typical accommodation: Hostels, homestays, tents & hammocks.

Terrain: Coast, jungle and rainforest.

When can I travel there?: Expeditions possible all year round. (Trekking may be restricted in some areas during the rainy season Oct-Feb.)

Climate: Borneo and Malaysia average year-round temperatures of between 27°-32°C, with a relative humidity of around 80% for much of the year. Rain occurs throughout the year usually in the form of afternoon showers. There is a rainy season from Oct-Feb.

Culture shock 1-3 (3 being very different from home): 2.



Mandy Lee
Lives: Langkawi, Malaysia

In-Country Agent profile

Mandy has worked for World Challenge since 2007. She has travelled extensively in Malaysia, Borneo, Singapore, Thailand, Laos, Taiwan, Hong Kong, Indonesia, Australia, New Zealand and Canada. She speaks English, Bahasa Malaysia and basic Mandarin and when not working for World Challenge she is a Naturalist. Mandy's most useful phrase is "Learning never stops."



Sampson Bala Palaba
Lives: Miri, Sarawak, Borneo

In-Country Agent profile

Sampson has been working for World Challenge since 1997. He speaks English and several other local Malaysian dialects and has travelled and worked extensively all around the world. When Sampson is not working for World Challenge he works as an Offshore Logistics Superintendent for Shell.

Borneo & Malaysia

the trip



Acclimatisation

Spend your first day finding your feet in the city before easing your way into the expedition by completing some gentle trekking through the jungle or at some low altitude hill stations. Explore the networks of trails and get used to the heat and carrying your rucksack before embarking on the challenging trekking phase.



Trekking

Experience the thrill of trekking through some of the world's oldest jungle environments. Treks will typically last between 4 - 7 days and will provide you with an amazing opportunity to spend time exploring both primary and secondary jungle. You will learn how to set up jungle camps as well as receive some interesting lessons in jungle survival from your guides.



Project

Spend your project phase participating in some really worthwhile community or conservation work. Previous teams have worked at learning centres for minority groups, participated in tree planting projects, helped renovate buildings in local villages and even volunteered at sanctuaries running turtle conservation programs.



R&R

Sample the delicious local food at one of the many nightmarkets, shop for souvenirs in the nearby shopping malls and souvenir batik shops. Take the time to catch some rays of sunshine on the beach or maybe even challenge yourselves to go white water rafting.