

relax Kids



Winter Holiday Programme

☆☆ Book now for our ever-popular Holiday Programme☆☆

Our fun-packed sessions include self-esteem building activities like fun games, stretching, breathing techniques to help to stay calm, peer massage, arts and crafts and relaxation!

MONDAY 10TH JULY- THURSDAY 13TH JULY

10am-12pm everyday for 5-10 year olds

Level 1, 174 Princes St, Dunedin

COST: \$60 for the week or \$20 daily rate

To book go to www.bookwhen.com/calmingcompany

021 065 0336