

Grab a free coffee and chat with other parents and carers who know what it's like to care for a disabled child, a neurodiverse child, or a child with health impairments.

Parent to Parent hosts monthly Parent Support Groups in North Canterbury during the school term, to support carers and parents just like you. These groups are a safe space for family and whānau to share their experiences, their challenges, their triumphs, and to learn from each other in an open and 100% judgement-free environment. No topic is too 'weird', no question too 'out there'. We get it, and we are here to help.

So if you'd like to share a struggle, celebrate a success, raise a concern, or simply have a cuppa and chat with other parents and carers in your area, you are always welcome at our Parent Support Group. Children are welcome too! Drop in for as long or as short a time as you want. And did we mention there's free coffee??

Upcoming dates:

Dates: Tue 25 May | Tue 22 June | Tue 24 Aug | Tue 21 Sep | Tue 19 Oct | Tue 23 Nov

Time: 9:30am—11:30am

Venue: The Office Café, Old School Collective, 1429 Main North Rd, Waikuku

Feel free to just show up on the day!

Or contact Jo for more info: