



BALANCE IS BETTER
THE HOME OF YOUTH SPORT IN NEW ZEALAND



Change the Game

Let's help our young people find the secrets to sporting success and participation:

Balance, Fun & Friendship

**7PM TUESDAY
23 MARCH**

Doors open from 6:30pm
University of Canterbury
K1 Lecture Theatre
(access via Kirkwood Ave)

Cost: Free
(ONLY 320 SEATS AVAILABLE)
Light refreshments provided

GUEST SPEAKERS:

John Quinn Performance Wellbeing,
Mark Drury University of Canterbury,
Sharon Kearney Netball NZ,
Anna Simcic HPSNZ Athlete
Life Advisor & Double Olympian,
Andrew Ellis BiB Ambassador
& Ex-First Class Cricketer,

FREE ENTRY

Register on-line sportcanterbury.org.nz

For info: balanceisbetter.org.nz

