

# OUTWARD BOUND

## COURSE PROGRAMMES – APRIL SCHOOL HOLIDAYS

Outward Bound is one of New Zealand's leading organisations for showing people their full potential through outdoor challenge and adventure.

All courses are delivered from our school in **Anakiwa based in the beautiful Queen Charlotte Sound.**



## SCHOOL LEADERS

**16-18 year olds**

**8-28 April - 21 days**

For students transitioning to or in a leadership role in year 12 or 13.

Understand what it means to become a leader and work as part of a team.  
Learn how to inspire others and be a great role model, form life-long friendships and networks with other young leaders from schools across New Zealand.

### Key Outcomes:

- Explore and build on your leadership strengths
- Learn how to be part of a high performing team
- Communication skills including inspiring, coaching and understanding others perspectives
- Develop new networks and relationships with other young leaders across NZ
- Gain an understanding of how your personal values influence you as a leader

## LEAPS & BOUNDS

**13-15 year olds & parent/caregiver**

**11-18 April - 8 days**

Leaps & Bounds is the ultimate parent/teen bonding experience.

Leave devices at home and reconnect with your teen over 8 days of outdoor challenge and adventure. Together you will problem solve, overcome challenges and celebrate each other's strengths.

### Key Outcomes:

- Gain trust, respect and a more meaningful connection with each other
- Experience working in a partnership and as part of a wider team
- Push your own self-imposed boundaries and support your teen as they push theirs
- Develop an understanding of each other's strengths and capabilities
- Gain a better understanding and appreciation for the outdoors

**To find out more go to [outwardbound.co.nz](http://outwardbound.co.nz) or talk with our friendly team on 0800 688 927**