

# MIRAMAR NORTH SCHOOL

## NEWSLETTER

### NOVEMBER 2019



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## PRINCIPAL'S NEWS

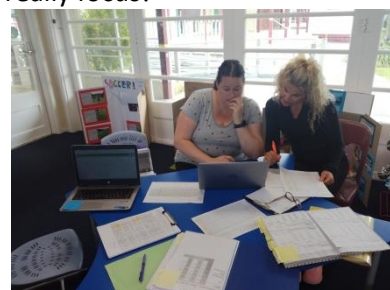
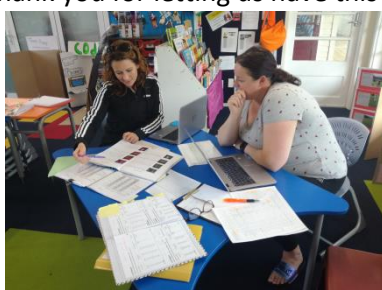


Kia Ora te whānau,

We would like to welcome Gabriella and Taupua who have started in Room 8 at Miramar North School.

### What we did on teacher only day!

A great day of professional learning and practice for our staff. Assessing to learn is a critical skill for teachers. Teachers work collaboratively to moderate samples of children's work so that reporting is accurate and gives the full picture of children's achievement. Measuring progress and the rate of progress is also important. Thank you for letting us have this day to really focus!



### Daring to dream of new pathways!

As per usual in term 4, there are staff moving on. This time however there are two long serving staff members who are following a new pathway: Jane Bell and Vangela Arabogolos are taking a break from full time class teaching but will return in a part time capacity. Lucky for MNS that we can keep their wisdom, humour and warmth!

Alex Win-Ricketts who has been with us during 2019 is heading overseas to the warmer climes of Australia! We appreciate Alex's effort, her support for her children, and her involvement in school wide activities. Wellington is home to Alex so we know we'll see her again!

Whilst I'm incredibly sad that friends are leaving, I'm also happy they are starting a new journey of refreshment, renewal and new adventures. There will no doubt be many thank yous in the weeks ahead for Jane, Vangela and Alex for all they've contributed to the children and the MNS learning community. We are all the better for it. Kia Kaha to Jane, Vangela and Alex.

As our friends follow their new path, so too will MNS find new paths and adventures.

For MNS, most importantly, Vangela, Jane and Alex have talked with their children today (in an age-appropriate way) about their plans.

### **That love of teaching never dies!**

Whether being in classrooms as part of the teacher appraisal process or doing a day's release, I'm reminded of how much I still enjoy teaching and the connection with children! Continually reminding myself of what's important during times of immense pressures and workload of principals today!

Loved teaching Maths in Room 8 (1st picture); So enjoyed observing Room 13s learning! Super teachers and children at MNS!



### **Any chance to celebrate!**

Our staffroom has held many celebrations. The latest was Belinda's special birthday! Happy Birthday Belinda, it's so much fun having you at MNS!



### **Annual Financial Audit, Oh the joys!**

We have just been audited by Deloitte. They were very complimentary of our systems and processes. Congratulations Anna – awesome job!



# OFFICE NEWS

## DATES TO NOTE:

29<sup>th</sup> November – Food and Fun Fair Gala  
5<sup>th</sup> December – Year 6 Leavers Dinner  
10<sup>th</sup> December – Grandparents Concert  
13<sup>th</sup> December – Year 6 Big Day Out  
13<sup>th</sup> December – Year 5 Leadership Day  
16<sup>th</sup> December – Whole School Sports Day  
17<sup>th</sup> December – Final Assembly  
18<sup>th</sup> December – Leavers Parents Do – 7.00pm  
18<sup>th</sup> December – Last Day of the Year – **finish at 12.30pm**  
3<sup>rd</sup> February – First day back in 2020

## BOOKFAIR:

Our Scholastic Book Fair was a huge success again. Thank you to everyone who supported us. We have got 952 points to be spent on enhancing literacy at MNS.



## YUMMY STICKERS:

Thank you to all those people who collect and hand in their yummy stickers. These we sent off last month and MNS has \$421.00 to spend on sports gear.

## PARKING:

Once again we need to remind parents to park safely when dropping off and picking up children from school. Please do not park over driveways to drop your children off. Not only is this dangerous for the children but it also blocks the view of our young road patrollers who cannot see the oncoming cars.

Belinda Campbell  
Office Manager  
[reception@mns.school.nz](mailto:reception@mns.school.nz)  
04 388 6657

## MNS FOOD AND FUN FAIR

Our biggest and best fundraising event of the year is almost here!

There'll be live music, a bouncy castle, professional family portraits, a plant stall, raffles, amazing crafts, jewelry and yummy food!

**Please let us know how you can help as soon as possible... click the links now if you can!** (You may need to select 'open with google sheets' – otherwise email us at [homeandschool@mns.school.nz](mailto:homeandschool@mns.school.nz) if you have any trouble viewing)

We know it's a busy and expensive time of year... so there are lots of different ways to help. Thanks so much to everyone who's already put their hand up.

### FOOD & CRAFT DONATIONS

We need a few more ingredients for food stalls and class crafts. Please put your name down next to something(s) on the list below and drop donations to the office by Monday 25 November or to classes by Monday 18 November

[Parent Food donation requests.xlsx](#)

### BAKING

We'd love your sweet treats and whole cakes! Sign up on the spreadsheet below and collect a cake box if you need one from the office from 22<sup>nd</sup> November.

[Fair Baking.xlsx](#)

### VOLUNTEER

**We need lots of volunteers** and would love to see our parents, grandparents, aunties, uncles and older siblings (especially ex-MNS superstars) signing up.

A sign-up sheet is linked below and will be in the office. The two lists will be matched up about a week before the fair to make sure there's no double ups.

[DRAFT Volunteer Roster 2019 .xlsx](#)

Other volunteers needed to:

- Distribute flyers to Strathmore or Seatoun
- Make a bunting (fabric and template will be in office)
- Donate old t-shirts

### SPREAD THE WORD

Please spread the word - invite your family, friends and colleagues! You can share the Facebook event: <https://www.facebook.com/events/2285918785004474/> or pick up flyers from the office to share.



### FAMILY PORTRAITS

Between 5-7pm, come and get a family portrait taken by professional photographer and MNS dad Mark Tantrum for only \$20 – a perfect Christmas gift!

### STAR CARD PRE-PURCHASE

We are running a star-card system. Use your stars to buy items at all MNS-run stalls. Only external stall holders will take cash.

Pre-sales now available on Kindo until Tues 26 Nov or you can buy at the fair. \$5 for 5 stars and \$10 for 11 stars. Pre-bought star cards will be handed out to classes on Thursday 28 November or held at the ticket booth by the hall if your child is not in class.

### UPDATES

Keep an eye on the MNS Home and School Facebook page for updates!



# COMMUNITY NEWS

## BIGAIR GYMSPORTS OWHIRO BAY WGTN

Gym is fun for kids but it's exceptionally good for them as well!  
They gain strength, flexibility, balance and body control but they also learn determination and perseverance, through persistently practicing skills until they are achieved.

Kids also gain resilience and confidence, as they extend themselves and learn new skills!

Our experienced coaches run classes in  
**Gymnastics, Tumbling, Trampolining, Parkour and Cheerleading!**

**BOOK NOW!**

Bigair Gym Owhiro Bay: 04 3838779 or [wgtn@bigairgym.co.nz](mailto:wgtn@bigairgym.co.nz)

## Wellington Harrier Children's Athletic Club

The Wellington Harriers children's athletics programme runs through until the end of March 2020.  
Our club days are held at Newtown Park athletic track on Saturdays mornings from 11.30 am - 1 pm

Activities on club days will cover a range of traditional events such as long jump, high jump, shot put, discus, sprints, hurdles, middle distance, and race walking.

Alongside this, we will also be doing a run jump throw programme which teaches children athletic skills through fun athletic games.

We also offer a **"Get Set, Go"** program for ages 4 - 6 years.

This is made up of fun games based around running, jumping and throwing activities.

(Please note for children aged 4 - 6 the programme is for 1 hour).

We offer two types of memberships social and competitive  
and you're welcome to give it a go before you sign up.

To sign up please click on the link below.

[Wellington Harrier Athletic Club Inc Registration & Membership Page](#)

For more information, please contact:

Julie Richards

email: [juliemaerdy@yahoo.co.uk](mailto:juliemaerdy@yahoo.co.uk)

mobile: 0212959026

## Yoga classes for children!



Tuesdays from 3.30 to 4.15

Starts 10th September 2019

Age 6 to 11

At: Strathmore Park  
Community Centre, 108  
Strathmore Ave,  
Strathmore Park

Participation by koha!

Silvia is a yoga instructor  
for children and a 200 hr  
trained yoga teacher

Contact: 02102406746  
Silvia

## Sunscreen for Schools

Email: [nzsunscreen@gmail.com](mailto:nzsunscreen@gmail.com)

Code	Product:	Sale Price	RRP	Quantity Required:
A	Invisible Zinc Pump 50ml SPF50+	<b>\$18</b>	\$24.99	
B	Invisible Zinc Pump 100ml SPF50+	<b>\$25</b>	\$39.99	
C	Invisible Zinc Junior 60g SPF50	<b>\$18</b>	\$29.99	
D	Invisible Zinc Face + Body 75g SPF50	<b>\$20</b>	\$29.99	
E	Invisible Zinc Face + Body 150g SPF50	<b>\$25</b>	\$36.99	
F	Skinnies Sungel 100ml SPF30+	<b>\$30</b>	\$39.99	
G	Skinnies Sungel 200ml SPF30+	<b>\$40</b>	\$59.99	
H	Skinnies Conquer 100ml SPF50+	<b>\$35</b>	\$49.99	
I	Cetaphil Sun Kids Liposomal Lotion 150ml SPF50+	<b>\$30</b>	\$39.99	
J	Cetaphil Sun Ultra-light Lotion 100ml SPF50+	<b>\$30</b>	\$39.99	
K	Sunsense Junior Roll On 50ml SPF50+	<b>\$11</b>	\$14.99	
L	Sunsense Junior 250ml SPF50+	<b>\$22</b>	\$29.99	
M	Sunsense Ultra 200g SPF50+	<b>\$24</b>	\$29.99	
N	Sunsense Ultra 500ml SPF50+	<b>\$27</b>	\$39.99	
O	Sunsense Sensitive Invisible 75g SPF50+	<b>\$15</b>	\$17.99	
P	Sunsense Sensitive Invisible 200g SPF50+	<b>\$24</b>	\$29.99	

*Pictures on next page*

We can get any sunscreen...  
If you want a different one,  
Please e-mail us and we will see what we can do...

### FREE DELIVERY...

Or e-mail us with the Code and the quantity you want.... no need to fill in the form...

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

E-mail: \_\_\_\_\_

### Pictures of Sunscreen Products Available



Send orders to  
[nzsunscreen@gmail.com](mailto:nzsunscreen@gmail.com)



## PRIDE LANDS FUN HOLIDAY ADVENTURES

### SUMMER HOLIDAYS AT BROOKLYN – 2 BELL ROAD

16<sup>th</sup> – 20<sup>th</sup> Dec 2019 and 6<sup>th</sup> - 31<sup>st</sup> Jan 2020 from 7.00am-6pm daily

Interactive Activities and NO TV or Video Games,

Kai Cubs Cooking and Life Skills Programme creating healthy breakfast, lunch and afternoon teas. One-on-one care and shuttle services available.

Daily \$81/cub per session or \$148 for two or more siblings per session

Weekly: \$240 per cub/week or \$450 for two or more siblings/week

WINZ subsidies are available for eligible families.

**Please contact us: 0800 PRIDE 4 U Or Register online: [www.pridelands.org.nz](http://www.pridelands.org.nz) or**

**Visit our Facebook page: [www.facebook.com/PrideLandsChildcare](https://www.facebook.com/PrideLandsChildcare)**



Healthy Steps is free, fun, and easy!

Looking for something to do over summer with your family? Thinking of entering Round the Bays 2020?

We invite **you and your family** to join or start a Healthy Steps group in your local community and get active together with us this summer.

We will give you the tools and resources you need to participate. Simply choose your exercise goal, share it with your whānau and friends, and step up for life.

Together you and your community can support and encourage each other, achieve your exercise goal, and have fun along the way.

To find out more, simply visit our website [www.healthyfutures.org.nz/healthysteps](http://www.healthyfutures.org.nz/healthysteps)



For all 9-13-year-old BeYOUtiful young women

## One day Wellington workshops

**Saturday 15th February 2020 @ 9am - 3pm**

Crofton Downs Primary School - 21 Chartwell Drive

&

**Sunday 16th February 2020 @ 9am - 3pm**

Raumati Beach Primary School - 26 Raumati Rd, Raumati Beach

**Investment: \$70 per workshop**

### Our Vision

To help young women find confidence within and to teach them tools and strategies to help them to be their BeYOUtiful self-inside and out.

### Our Mission

We support and encourage young women to be their authentic self.  
To inspire and gain self-confidence, self-worth and self-care through self-love.  
To Be YOU and love you.

BeYOUtiful is an interactive experience. Each workshop Jacqui O'Connor and Dee Petit opens the circle with gratitude and mindfulness exercises followed by a short yoga session by a yoga instructor. We do a creative art project and generate discussions with regards to issues that are important to the young women and emphasize the importance of embracing self-worth, self-care and self-love for themselves while learning to set boundaries and be the best versions of themselves. We empower BeYOUtiful young women to expand, explore and experience peace, mindfulness, patience, awareness, intuition, creativity and their authentic self.



To register: [jacqui@heartplace.co.nz](mailto:jacqui@heartplace.co.nz) / 021.0733.072 or [dee@sassyred.com](mailto:dee@sassyred.com) / 022.309.2979  
Fb/beyoutifulyoungwomen



## INTRODUCE ANOTHER COUNTRY INTO YOUR HOME - HOST A STS STUDENT IN JANUARY!

### **Niklas from Sweden -**

Niklas is half Dutch/half Finnish and moved to Sweden in 2014. He enjoys playing instruments, such as guitar, drums and piano. He enjoys sports including sailing, hiking, snowboarding and skiing. Niklas is here for a yearlong exchange.

### **Matheo from France -**

Matheo lives in Africa with his family but is from France and attends a French school. He enjoys scuba diving, snow-sports and running amongst many other sports. He likes spending time with family and friends, reading novels, watching movies and caring for animals. Matheo is here for a semester length exchange

Contact us for more details or to apply to become a host family today!

<https://www.sts.eu/en-nz/hostfamily/>  
0800 991 991



**FREE PARENTING HELPLINE** [www.parenthelp.org.nz](http://www.parenthelp.org.nz)  
**ALL ISSUES ALL AGES** **0800 568 856**



