

Build a great family team and have fun on the way!



The Middle Years

6-12 years Make the most of these years while your children still want to be part of your team!

The Middle Years covers:

- Parent types
- Building character and self-esteem
- Emotional resilience
- Discipline
- Creating traditions and memories
- Capitalising on the 'tween-age years'

\$75 per person or **\$110** per couple for each six week group.

Subsidies available

- Small group course with a trained facilitator
- Six sessions per course
- Tailored to your needs

Toolbox courses are free to foster carers, whanau caregivers, adopters, grandparents raising grandchildren, and Home for Life parents thanks to government funding. Ask us how to train to become a Toolbox facilitator.

