

PARENTING COURSES

TERM 2 2024

Find new tools to help develop your parenting skills with practical ideas and great support through the following courses:

❖ **Toolbox Younger Years: Preschool / Primary-** 6-week course
Wednesday 9.30 – 11.30am (Starts 15 May)

❖ **Toolbox Older Years: Primary /Tween/ Teen Years-** 6-week course
Wednesday 7-9pm (Starts 15 May)

Cost: \$85 Individual/ \$120 Couple, Subsidised rates available

Topics include: • The importance of love and connection • Different parenting styles • Discipline and boundaries • Understanding your child's big emotions / The teenage brain and risk-taking

Toolbox Enquiries to Michelle Morris, 027 2767833 michelle@cathsocialservices.org.nz

❖ **Game on (for Dads)** – 6-week course
Wednesday 7-9pm (Starts 15 May) 6-week course.
Cost: \$85, Subsidised rates available

This group is run for Dads by Dads, to be the best Dad they can be for their kids. We will explore what we want for our kids and what we have to do to make a positive difference.

<https://www.gameonline.org.nz>

Game On Enquiries to Callum Hartstonge, 021 072 4952, callum@cathsocialservices.org.nz

**All courses run at Catholic Social Services (unless specified)
42 Macandrew Rd, South Dunedin**

To register: CSS office: 4553838,
www.cathsocialservices.org.nz/courses-events/

