

FREE INCREDIBLE YEARS PARENTING PROGRAMME

Practical strategies for caregivers of children aged 2-9 years.

Learn new and effective ways to deal with problem behaviours such as;

- 🔗 *Aggression, tantrums, sibling fighting*
- 🔗 *Talking back, not following instructions or routines*
- 🔗 *Yelling, whining, self-regulation*
- 🔗 *Getting out of bed, fussy eating ... (the list goes on!)*



The Incredible Years Parent Programme is being held at
Level 1, Waimarino Building
33 Paramount Drive, Henderson on;

Friday 7th May – Friday 13th August, 9.45am - 12.15pm

FREE parking, morning tea, and childcare provided

HURRY! Spaces are limited!

Text/email Lisa to enrol on 021 419 531 or lisa.sinclair@waitematadhb.govt.nz

Incredible Years Specialist Service (IYSS)

