



Back in Motion School Physiotherapy Clinic

Parent's/Caregiver's Information

Back in Motion Physiotherapy is offering an onsite physiotherapy service to students at Otago Girls High School.

This will provide an opportunity for students to have their injuries assessed and treated, onsite. We will also liaise with the sports coordinator and coaches of sports teams and also when appropriate refer for investigations; refer to their medical practitioner or another health professional.

Musculoskeletal injuries sustained at the weekend will be able to be assessed on the designated day at the clinic and appropriate first aid advice given. We see this as beneficial for those students who have a barrier of transport, finance or appointment availability, when time away from school to primary health provider is conflicting with school commitments.

Accreditation

- Back in Motion Physiotherapy Clinics are accredited to NZ health care standards and are regularly audited by Health and Disability New Zealand.
- The school's physiotherapy clinic will be operating to these same standards to ensure privacy, security, cleanliness and that a high standard of care is delivered.

Existing physiotherapy management

- Back in Motion will liaise with other treatment providers
- At times the student may be assessed by a Back in Motion staff member and advised to follow up with their current health care provider.

Physiotherapy Charges

Are as follows:

- ACC **Assessment – No Charge; Follow Up Appointment No Charge**
- Non ACC Assessment \$54.00; Follow Up Appointment \$43.00
- Back in Motion will send an invoice to your home address each month, for any physiotherapy sessions attended in that month.

Procedure

Appointments

- Appointments are made by following the link to the Physiotherapy Booking Form on Google Docs.
- Your daughter's first appointment (assessment) will be 40 minutes duration and follow up appointments are 20 minutes duration.
- If possible the student will collect the consent and ACC form from the office and take this home for you to read and sign.
- A text reminder will be sent out the day before the physio appointment.

Invoicing

- Back in Motion will send an invoice to your home address each month, for any physiotherapy sessions attended in that month.

Exercise Rehab

- Students will be emailed and /or printed an exercise programme to refer too.

Clothing

- Students are expected to bring appropriate clothing such as shorts, a T-shirt or singlet.
- Treatment gowns and covers will also be available.

Patient Consent

- The student will be given a patient information sheet to read out lining their rights as a patient this includes giving informed consent or having a chaperone present.
- The student may bring this form home for you to look at and sign for them.

- The New Zealand medical council states that children can sign forms if they understand the content of the form. If the Physiotherapist is not satisfied that the student understands the consent process then the form will be given to the student to take home for you to sign. Either way you will be notified of the student's attendance by the consent form being sent to you.

ACC

- This same form is also an ACC declaration that you or the student will sign to tell ACC what has happened and how the injury was obtained.
- The form says you agree to share this information to a third party. This third party is ACC they gather information for their records and sometimes ask for the notes that we take to be sent to them.

Confidentiality

- Any information given to the Physiotherapist is treated as confidential. This means any of your health details are kept only with the Physiotherapist and ACC and not disclosed with any other person unless your consent is obtained.

Staffing

- A female physiotherapist will be staffing the OGHS Physiotherapy Clinic.

Our physiotherapy staff will be happy to answer any queries you may have. Please phone 4771 680 to speak to Kerryn ((Director and Principal Physiotherapist)) at our Albany St Clinic.