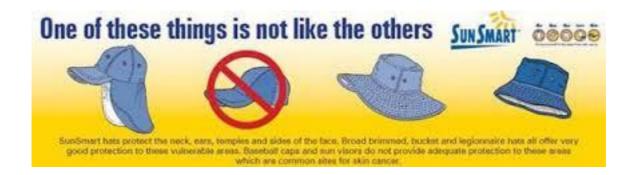
Lyttelton Primary School Te Kura Tuatahi o Ōhinehou

'Our Learning Place'

No hat No play Keep melanoma away!



Choosing good hats

ake sure the hat is made of a tightly woven fabric which doesn't let the sun's rays through. hoose a hat which shades your face, nose, neck and ears. A brimmed hat or cap with flaps offers the best protection.

lok for a deep crown broad-brim hat, with a minimum brim of 6cm. ake sure it feels comfortable – cool, but firm around the headband. darker colour will keep out the sun's rays better. bu'll need a hat that stays on in the wind.