

# How to raise a champion: Balance is Better



TO BE A CHAMPION IS THE  
BEST VERSION OF YOURSELF

**TUESDAY 17 SEPTEMBER**

TO PURCHASE TICKETS  
**CLICK HERE**

**Sixty6 On Peterborough St**

**6.30-8:30pm** (Doors open 6pm)

**Cost: \$10 + booking fee**

Join Sport Canterbury in an informative evening led by influential speakers in their field on how you can help your child navigate their way through sport. A chance to address the common misconceptions around what drives sporting success in our children.

**SPEAKERS:**

Sharon Kearney - NETBALL NZ

Andrew Ellis - CANTERBURY CRICKET

John Quinn - PERFORMANCE WELLBEING

Jonelle Quane - SURF LIFESAVING NZ

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**Balance is Better**



**Elmwood  
Normal School**

All profits made will go towards the purchasing of sports equipment for ENS