













## Parenting Through Separation

## DATE, TIME & LOCATION\*

Thursday 16<sup>th</sup> May 9am-1pm Presbyterian Support 215 Tancred Street

## REGISTRATION

Email midcant@psusi.org.nz or phone 03 261 6907 to enroll

NB: Changes can occur depending on registration numbers.

The programme is not suitable for children to attend.

## Course Details

Practical advice and tips for parents and children to cope during separation, including better communication.

- » How separation affects children.
- » How to talk to children about separation.
- » What your children need during separation.
- » How to make a parenting plan.
- \* Spaces are limited, however, you can request to be placed on the waitlist