

Parenting Neurodiverse Children Connection Group

Do you have a neurodivergent child? (ADHD, ASD or other diversity - no formal diagnosis needed)

Would you like to learn more about how to best support your child?

Would you like to connect with other parents that understand the joys and frustrations of parenting children who operate differently?

We will be running a parent connection group on selected Friday afternoons this year, and would love you to come along, and share a coffee. Each session will have a focus for discussion.

Last year we looked at topics like Emotional Regulation, Sensory Processing, Fussy Eating and support for Autism

Dates and proposed topics

15 March - Anxiety

17 May - Dr Jac Johnson (A parents perspective on ADHD)

21 June - Dr Adrian Minks (Autism)

9 Aug - Sleep

20 Sept - Emotion Coaching

1 Nov - To be confirmed

Time: 2pm- 3pm

Location - School Library



Hoon Hay
Te Kura Kōaka