

Kia ora koutou to all of our Kimi Ora whānau and friends.

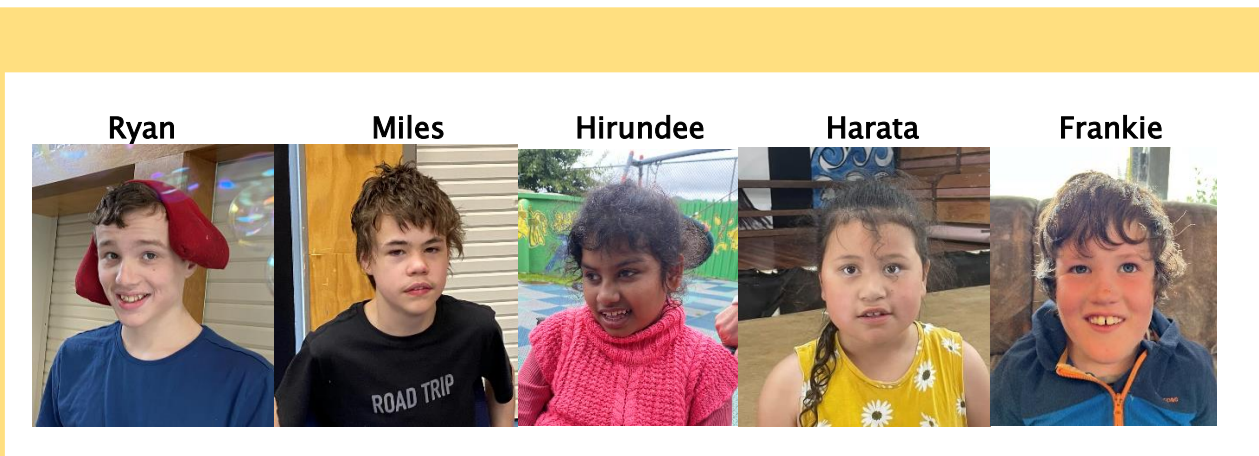
2023 has started off with a hiss and a roar and all our students are settling into new routines and classes and getting to know new classmates and staff. Despite last week's cyclone, the weather has been very good to us and many classes are getting out and about and enjoying the sun.

We would like to acknowledge all those in the cyclone devastated areas further north, some of what we have seen in the last week has been unbelievable and we are sending our thoughts and aroha to everyone who has been affected.

New Students

This year we have welcomed the following new students and their whānau to Kimi Ora School:

- ✧ Ryan Hamilton who has joined Kōtuku class at Base.
- ✧ Miles Chapman who has joined Kāhu class at Base.
- ✧ Hirundee Weerakoon who has also joined Kāhu class at Base.
- ✧ Harata Burkhardt who has joined Tuī class at our Pomare Satellite.
- ✧ Frankie Hull who has joined Kauri class at our Miramar Central Satellite.



New Staff

We have also welcomed the following new staff members to the team:

- ✧ Tiarna Sands who has joined the therapy team as a Physiotherapist based at Pomare and Base.
- ✧ Arun Sekhar who has joined the team at Pomare as a Teacher Aide.
- ✧ Salma Khan who has joined the team at Miramar Central as a Teacher Aide.
- ✧ Daisy Ravi has joined the Kimi Ora team as our Engagement Specialist.
- ✧ Jean Putt has joined the team as an Educational Psychologist.
- ✧ Bridy Haughey who is our Educational Psychologist intern for 2023.
- ✧ We have also welcomed back Ruby Rey-Matias who has returned from parental leave and is back teaching at our Miramar Satellite and Maureen Sanders who has also returned from parental leave and will be teaching at all Kimi Ora sites.

Nau mai, haere mai ki Kimi Ora we are so happy to have you all join our Kimi Ora whanau

Lunches at Kimi Ora

This year we continue to work with the wonderful team at Spotless to supply all our tamariki with a delicious lunch each day.

We have attached this terms menu to this newsletter so you are able to see what your child is having each day.

Our students are lucky enough to have a few different meal options. You will see we continue to have our main and vegetarian meals as well as our Picky Eater menu. Our Picky Eater menu has been especially designed by the chef at Spotless and our Speech and Language therapy team at Kimi Ora. The aim for students who are receiving Picky Eater menus is for them to experience looking at, touching and tasting different foods that they may not usually eat due to sensory needs and limited diets. Each day they have the three same food: crackers, peas and hummus and there is a rotating protein each day such as a chicken tender, meatball and broccoli bites. We have had some great success with the Picky Eater menu and are very thankful to the Spotless team for making this an option for our tamariki.

If you would like to know anything about the school lunches, then please do not hesitate to get in touch with your child's teacher. If your child has any new dietary requirements, please let us know asap.

Menu One (Odd weeks)

Day	Main meal	Picky Eaters	Dietary(Veg)	Snack
Mon	Beef rissoles with broccoli & mash potatoes	Meatballs ,rice crackers & beet hummus , fresh pear slices	Veg rissoles with broccoli & mash potatoes	Cheese and fresh pear slices
Tue	Chicken fried rice with veggies	Chicken tenders ,rice crackers and hummus ,green beans	Veg fried rice with tofu	Yogurt and peaches
Wed	Baked chicken pasta with veggies	Cheese S/W , crackers , and hummus , green beans	Baked veggie Pasta	Apple and celery salad , yoghurt
Thu	Fish bites with kumara mash and peas	Mac n cheese ,rice crackers, and beetroot hummus , green beaps	Broccoli bites with kumara mash and peas	Tropical fruit salad , yoghurt
Fri	Pepperoni / chicken Pizza st veg and with corn chips	Broccoli bites , crackers, hummus , green peas	Veg pizza with st veg and corn chips	Yoghurt and coleslaw

Menu Two (Even weeks)

Day	Main meal	Picky Eaters	Dietary(Veg)	Snack
Mon	Spaghetti Bolognese with st veg and bread roll	Meatballs ,rice crackers & beet hummus , fresh pear slices	Spaghetti veg Bolognese with st veg and bread roll	Cheese and fresh pear slices
Tue	Grilled chicken breast with roast veggies	Chicken tenders ,rice crackers and hummus ,green beans	Marinated tofu steak with roast veggies (Veg / gf)	Yogurt and peaches
Wed	Cheese burgers with corn chips	Cheese S/W , crackers , and hummus , green beans	Veg burgers with cheese and corn chips	Apple , celery and tomato salad / yoghurt
Thu	Mac n cheese with bacon and st veg	Mac n cheese ,rice crackers, and beetroot hummus , green beaps	mac n cheese with st veg	Tropical fruit salad , yoghurt
Fri	Cheesy Potato and broccoli bake with Chicken	Broccoli bites , crackers, hummus , green peas	Cheesy Potato and broccoli bake with st veg	Yoghurt and coleslaw

Rare Disorders awareness month

On International Rare Disease Day – 28th February, the amazing team at Rare Disorders NZ are going to be launching their new parent and caregiver guide 'Raising a child with a rare disorder: A guide for parents and caregivers living in Aotearoa New Zealand.' This guide has been developed to help parents and caregivers navigate the path in caring for a child with a rare disorder in Aotearoa New Zealand. The team at Rare Disorders have supported many of our families and their children through their journeys in having a Rare Disorder and we are going to give back to them by celebrating Rare Disease Day with a gold coin dress up fundraiser!



It's not rare to have a rare disorder.

1 in 17 New Zealanders live with a rare disorder.

rareorders.org.nz @RareDisordersNZ
#GlowUpShowUp #RareDisordersMonth



Schools and workplaces in Aotearoa have been asked to 'Glow up and Show up!' So on Tuesday February the 28th we are asking our students and staff to wear their brightest, most colourful and exciting outfits and bring a gold coin donation. We will be donating this to Rare Disorders NZ to continue their work in supporting whānau and tamariki who are navigating a diagnosis and all that comes with it.

If you would like to find out more about Rare Disorders NZ please visit www.raredisorders.org.nz

[REMINDER]

Medication changes: If your child has had a medication change over the holidays it is important that you let us know. You can do this in your child's communication book. If you need to talk to Julie, our school nurse about any changes, please let your child's teacher know and they will have Julie contact you.

Seizure Plans: Julie is currently working through all students' seizure plans for 2023. If you have any queries around this, you can again ask your child's teacher to have Julie call you to discuss.

Spare clothing: Please ensure your child has at least one spare change of clothes in their bags each day. It would be very helpful if clothing is labelled with your child's name so we can ensure it goes home to the right place!

Incontinence products: If your child has changed Incontinence products (nappy,) size or products and you have some spare that you will no longer need to use, please let us know - we would love to take them off your hands to use for other students who may be that size. Thank you in advance!

Absences: If your child is going to be absent from school could you please call the school and leave a message on the absence answer machine. For students in Wellington City sites this is: (04) 3873901 and for students at Hutt sites this is: (04) 5675834. Leaving a message on the absence answer machine enables us to plan staffing and outings for the day.

Hats and Sun block: We are a Sunsafe accredited school and encourage all students who can/will wear a hat to do so. Please have them in their school bags for when they are out and about during the day. If your child has a specific sunblock that you want them to wear, please also name this and have this in their bag (and let your child's teacher know in the communication book.) Students that will not wear a hat or sunblock play in covered areas or inside to protect them from the sun.

Moving addresses: If you are using school transport and know you will be moving house anytime soon please let us know asap. As many of you are aware it can take weeks to change addresses on school transport which can be tricky if they are not given plenty of notice. You can do this by emailing Iona in the Base office on admin@kimiora.school.nz

Coming Up...

Mon 27 Feb	Board of Trustees Meeting 6.30pm Base School
Tue 28 Feb	Glow up and show up Rare Disease Day
Sat 1 Apr	Family Fun Day 1-3pm
Thu 6 Apr	Last Day Term 1 <i>Fri 7 Apr – Good Friday</i>

**PUT THIS
on YOUR
CALENDAR!**



Kimi Ora School is excited to invite you to our 2023 Family Fun Day!

When: Saturday the 1st of April, 1pm - 3pm

Where: Base School: 100 Walters Street, Avalon, Lower Hutt

What: Bring your whānau and friends for an afternoon of fun including a BBQ, face painting many other fun activities
Family Fun Day enables everyone to get to know each other and make new connections in a fun and relaxing environment
We cannot wait to see you there!



What some of our tamariki have been up to over the last three weeks

Kimi Kids



I'm Ethan! I use sign language and my PODD to communicate!

I love music, imitation games, playing catch-me games and belly laughing so much that I make everyone else laugh too!

I love swimming but any water related activity is my absolute best!



Hi I am Morgan!

I love watching lights and I watch what's happening around me all the time. I like listening to stories and music like Brass bands and country.

I can get really excited with balloons and singing. I use my switch to share my news or make a choice and I communicate using a PODD.



Hi, I am Kahu,

This is the second year of my learning journey in Kowhai class. I love coming to school in the taxi in the morning. I am learning to communicate my wants with my fancy new talker.

I love music especially songs from The Jungle Book or Trolls. I love all crunchy foods and enjoy having a spa or going to the hydro pool for a swim.

Kimi Krew



Hi my name is Jackie and I have worked at Kimi Ora for nearly 14 years having started at Kimi Ora Thorndon in Oct 2008. I am now at Evans Bay.

I enjoy working with children of any age as previously I was a nanny for over 18 years. In my spare time I enjoy spending time with my family and friends, making jewellery, baking and listening to music.

In my spare time, I love to walk along the harbour, hang out with my friends, board game nights, reading and I also love a good road trip to explore this gorgeous country!

Hi my name is Paige. I work as a Rehabilitation and Exercise Facilitator at Naenae and Pomare sites. My main objective within my role is to establish opportunities for our students to explore and learn through physical activity and sports based play. I assist our students in finding meaningful ways to participate in physical activities both in school and in their wider community. I love seeing the world through our student's eyes and learning all they have to offer.



Ākonga o te Wiki - Student of the Week



Peter for actively participating in every lesson this week



Lafoga for a fantastic start in his new classroom.



Eleen for amazing progress with your physical goals over the holidays. It is obvious you and your family worked so hard!



Morgan - during spelling you had a great competitive streak with your friend. You did an amazing job of spelling words with the ending of 'ack'.



Ya for participating so well in morning hui. Was super engaged, sat with the group and came up to give a report using her PODD. Attended all sessions during the day!



Alex for following a new pathway in your PODD. You asked to go into the playground following the "let's go" pathway.



Joshua for independent eating with a fork and spoon at lunchtimes.



Zoe for great communication progress.



Tommy for doing really well with the dentist, opening his mouth when asked. He has also been working hard to self-regulate



Ryan for an incredibly settled and positive transition to Kimi Ora.



Aydin for amazing standing in his standing frame after so long.



Ibrahim for amazing communication particularly around meal times.



Miles for joining in groups like assemblies and being settled at school. He has also been exploring different areas in the school and is following checklists.

Congratulations to our most recent winners!



He whetū koe! You're a star!

