



## BLITZ NETBALL REGISTRATION 2022

**Full course is \$260** for six weeks – 12 x 2 hr sessions

**Half course is \$140** for six weeks – 6 x 2hr sessions

Full payment due on first day of course. (Enrol termly)

**Casual participants welcome – \$25 per session**

Venue can be found on the website or contact us.

Tuesdays and Thursdays, 3:30pm – 5:30pm

Each term is a separate 6-week block

*\* Missed sessions can be made up on another day, unfortunately, we are unable to refund but happy to make up the session*



## CONTACT DETAILS

[www.basicsfirstblitznetball.com](http://www.basicsfirstblitznetball.com)

Email: [basicsfirst.BLITZNETBALL@gmail.com](mailto:basicsfirst.BLITZNETBALL@gmail.com)

Please contact –

Christine and John 021 024 056 86

*Everything with you in our hearts, in our minds and on the court –  
to our friend, our everything, our angel: Symphorosa Yee  
Aroha mutunga kore.*



# Netball Academy

**Come & learn 7 aside netball!**

(Skills transferable to all forms of netball)

**Devotion to the Development of  
Netball Skills in Junior Players**

# **'Basics First'** **BLITZ Netball Academy** **Course Information**

**'Basics First: BLITZ' is a 6-week course for Y4—Y8 participants. (Boys and girls welcome.)**

## **Sessions:**

Week 2-7 each term  
Tuesdays and Thursdays

## **Time:**

3:30–5:30pm

At BLITZ, our coaches are competitive, skilled, and motivated.



Our coaches are all current players, and have an expectation that participants attend sessions motivated and ready to learn.

**Head Coaches:** Christine and John



## **TERM 1 – Pre-season:**

### **Fitness, Movement & Ball skills**

This is the recommended term for preparing for school trials, reps or if you are new to the sport and are wanting a foundation in netball rules, footwork, and ball handling.

## **TERM 2 – In season:**

### **Skills based trainings**

Extra training for those playing for their schools and are looking for extra coaching to combine with the skills they may already be learning in their own teams.

## **TERM 3 – In season:**

### **Skills based trainings**

Extra training for those playing for their schools and are looking for extra coaching to combine with the skills they may already be learning in their own teams.



**'At BLITZ Academy, we place emphasis in getting the basics right, in hard work and developing ball awareness and control. We believe in the value of competition to achieve and excel in sport and in life.'** BLITZ Coaches

## **BLITZ ACADEMY Public Sessions:**

Blitz Academy training sessions which are held on Tuesdays and Thursdays are open to ALL participants. We encourage both boys and girls to join and gain knowledge and skill in netball. It is a fun but intense time at these sessions, but players will leave feeling a great sense of accomplishment and hopefully make some friends along the way.

## **BLITZ ACADEMY Tournament Teams:**

These teams are private teams and are invitation only.

Many of our Senior teams have also had opportunities to play in Indoor Netball 6 aside teams alongside the coaches. Opportunities, of quality games have helped the players become more confident and skilled in the game.

Our Tournament Teams have played in Open Competition and various tournaments in Wellington and as far as Taupo.

We aim to provide competitive game situations to players who show motivation and dedication to their sport of netball, to BLITZ ACADEMY and to the teams they are selected for.

